

JÄMTLÄNSK SCHOTTIS MED BAKMES
(Sweden)

Jämtländsk schottis med bakmes comes from the district of Kall, province of Jämtland, Sweden. It was learned in Sweden in 1970 by Gordon E. Tracie and taught by him at the Skandia Folkdance Society in Seattle, Washington.

Pronunciation: YEMT-lenssk SHOHTT-ess meh BAWK-mehs

Record: Viking SMF side A/2, Side B/2.4/4 meter.

Formation: Cpls in a random circle, progressing in LOD.

Steps: Jämtländsk Bakmes Step in Duple Meter - 4/4 Schottische Rhythm:

1. Straight Time (2 meas = 1 revolution)

In four cts, exactly the same as for 2/4 polka rhythm, completing a full turn in two 4-ct schottische measures.

2. Double Time (1 meas = 1 revolution)

In four cts as in 2/4 polka rhythm, but twice as fast so as to complete a full turn for each 4-ct schottische measure.

Note: The following parts are not figures in the regular sense, but three different responses to the music, with no fixed number of measures for each.

OLD STYLE SCHOTTIS FWD AND TURN

Cpl dances an old style schottische essentially the same as that of Gammal schottis, previously described, except that the turning steps are mainly on the soles of the ft.

Transition to reverse turn: Same as that described for polka version.

REVERSE TURN ("bakmes")

In reverse sidecar hold, cpl turns CCW as described for duple-meter Jämtländsk bakmes step, above. Cpl may alternate from straight time, which will be slow, to double time, which will be quite fast, without special transition step.

REST STEP ("viltur")

Same as that described for polka version.

Cpl may revert to old style schottis, reverse turn, or rest steps, at their discretion.

Presented by Gordon E. Tracie