

Presented by Ching-Shan Chang

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Translation: Standing on the Mountain. This song is a recent composition, but is similar in style to the aboriginal folk songs, and has become very popular in Taiwan. Choreographers often use it for their "aboriginal" dances. In 1969, this dance was voted the best dance in the Folk Dance Contest in Taiwan.

PRONUNCIATION:

RECORD: C.C.S. 1980, Side ____, Band ____.

FORMATION: Individuals in a mixed circle facing ctr. No hand hold.

STEPS: Schottische: Moving either fwd or bkwd: step-step-step-hop. Repeat with opp ftwk.

METER: 4/4

PATTERN

Meas.

INTRODUCTION:

PART I:

1 Turn slightly to R and touch R in LOD - R arm stretches down and out over R knee; L hand at approx shldr ht with elbow bent points in same direction; in this pos shake wrists (ct 1), step on R (take full wt) shake wrists again (ct 2), turn R to face wall, L touch-step as described above - both hands raise fwd and upward along LOD, L straight, R elbow bent, body erect, shake wrists twice (cts 3-4).

2-4 Repeat meas 1, 3 more times, move LOD (4 in all).

5-6 Facing ctr, take 4 stamp-closes to R - arms extend above head, on each stamp, shake wrists once.

PART II:

1-4 All join hands and face ctr, beginning R, take 4 schottische steps fwd.

5-6 Repeat meas 5-6, Part I (4 stamp-closes).

PART III:

1 Facing ctr, bend fwd from waist, step R to R (ct 1), tap ball of L ft beside R, clap hands at R side (ct 2), reverse to L (cts 3-4).

2-4 Repeat meas 1, 3 more times (4 in all)

5-6 Repeat meas 5-6, Part I (4 stamp-closes).

Continued...

PART IV:

- 1-4 All join hands and turn to face R, beginning with R, do 4 "step-step-step-brush" fwd.
- 5-6 Repeat meas 5-6, Part I (4 stamp-closes).

PART V:

- 1 Facing ctr, wt on both ft with ft apart about shldr width, heels lift 4 times, raise hands high and shake wrists.
- 2 Bending fwd from waist with hands crossing in front, repeat movements of meas 1.
- 3-4 Repeat meas 1-2.
- 5 In shldr pos, lean body to R, R knee bends 4 times slightly.
- 6 Reverse meas 5.
- 7-8 Repeat meas 5-6, Part I (4 stamp-closes)
- 9-16 Repeat meas 1-8.

PART VI:

- 1 Both ft still apart, knees bent and body bent fwd from waist, both hands strike R thigh (ct 1), strike L thigh (ct 2), strike R thigh (ct 3), throw both hands out to R and shout "hey" (ct 4).
- 2 Reverse meas 1.
- 3-4 Repeat meas 1-2.
- 5-6 Repeat meas 5-6, Part I (4 stamp-closes).

PART VII:

- 1-2 All join hands and face ctr, beginning R do 1 schottische fwd and 1 bkwd.
- 3-4 Repeat meas 1-2.
- 5-6 Repeat meas 5-6, Part I (4 stamp-closes).

REPEAT PART V, VI, VII.

ENDING:

- 1-2 Hop on R, both hands at R side (cts 1-2), bending fwd from waist, do 5 quick walking steps to make 2 CCW turns in place, then face ctr, jump and raise arms above head (6 cts).