

FORMATION: (Dutch couple dance, mixer) - Double circle, woman on partner's right.

STARTING POSITION: Open shoulder-waist position.

Music Measures

3/4

PART I - WOMAN CHANGE SIDES

- A 1 WOMAN CHANGE SIDES: man with three steps (l, r, l) in place passing her from his right to his left side, - she with three steps (r, l, r).
- 2 POINT OUTSIDE HEEL FORWARD (man's right, woman's left).
- 3-4 REPEAT pattern of measures 1-2 reversing direction and footwork TO PLACE.
- 5-8 REPEAT pattern of measures 1-4.

PART II - MAZURKA

- B 1-2 TWO MAZURKA STEPS FORWARD starting with man's left and woman's right foot.
- 3-4 REPEAT pattern of Part I, measures 1-2.
- 5-8 REPEAT pattern of measures 1-4 reversing footwork.

PART III - WALTZ PROMENADE

- C 1-8 EIGHT WALTZ STEPS TURNING CLOCKWISE with partner in closed ballroom position, starting with man's left and woman's right foot, progression counterclockwise.

PART III - AS MIXER (Dutch version)

- 1-4 Joining two hands with partner, TURN once around with four waltz steps.
- 5-6 BOW to partner.
- 7-8 MOVE TO OWN RIGHT one place to meet NEW partner.

PART III - AS MIXER (Flemish version)

- 1 Both STEP SIDEWARD RIGHT on right foot (count 1), PAUSE (counts 2-3)
- 2 CLOSE AND TOUCH LEFT foot beside right, AND BOW TO PARTNER (count 1) PAUSE (counts 2-3)
- 3-4 REPEAT pattern of measures 1-2 reversing direction and footwork.
- 5-6 REPEAT pattern of measures 1-2.
- 7-8 Having moved to own right with six running steps, GREET NEW PARTNER.

MAZURKA STEP - Left: Stamp on left foot (count 1), step-hop on right foot (counts 2-3).

Right: Reverse footwork.

Note: This dance comes from Terschelling Island, Friesland province, and may be considered the Dutch Varsouvienne as it is similar in music and step to Swedish, French and American versions.