(Line dance, no partners)

Translation: Ja-ni-man' means "group dance". Rhythm: 3/4
Record: Folkraft LP-4 (A2) (2:10) Tune: Gulsheni (a girl's name)
Formation: Open or broken circle, or line, no partners, leader at right end.
Starting Position: "W" position: Elbows bent, little fingers
linked at shoulder level. Left foot free.

Measure

- 1 TOUCH LEFT HEEL ACROSS in FRONT of right toe, bouncing hands in rhythm. *
- CLOSE AND STEP on LEFT foot beside right, lowering hands to waist level and bouncing them in rhythm.*
- 3 TOUCH RIGHT HEEL FORWARD, raising hands to shoulder level and bouncing them in rhythm.*
- 4 Turning to face slightly right, CLOSE AND STEP on RIGHT foot beside left, lowering hands to waist level and bouncing them in rhythm.*
- Facing slightly and moving right, STEP FORWARD on LEFT foot.

 Turning to face center, CLOSE AND STEP on RIGHT foot beside left.

^{*}The rhythm is 3/4; the hands usually "bounce" down-up with emphasis (counts 1-and), again with less emphasis (counts 2-and), sometimes a third time but, if so, with even less emphasis (counts 3-and).