

Name of dance: Janino Oro

Pronunciation: yah-nee-noh oh-roh

Place of origin: Dračevo, south of Skopje, central Macedonia

Source of music: 45 r.p.m. record by Novo Selo, long out of print

Learned from: Mile Kolarov, 1976



About the dance: This is a slow *lesnoto* style dance, with a song that is sung at each return of its first melody and step. Here are the words:



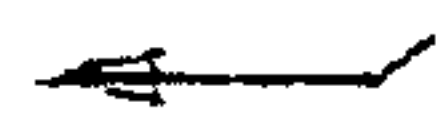






| | |
|-----------------------------------|---|
| Isgleda Jana popole (2X) | <i>Jana looked out over the field</i> |
| Da vidi Jana poletu | <i>(For Jana) to see the field</i> |
| Da li je pole stasalo (2X) | <i>(To see) if the field was grown.</i> |
| Ako e pole stasalo (2X) | <i>If a field was grown</i> |
| Da fati Jana argati | <i>Jana would gather the farmhands</i> |
| Argati mladi žetvari (2X) | <i>Farmhands, young harvesters.</i> |
| Argati mladi žetvari (2X) | <i>Farmhands, young harvesters,</i> |
| Da žnijat bela pšenica | <i>To reap the light-colored wheat,</i> |
| Sa jadat bela pogača (2X) | <i>To eat white round loafs of bread.</i> |

Many thanks for this translation to Carol Freeman. Carol thinks that **pogača** (the bread) may have some ritual significance in terms of first harvest.

Rhythm: 7/8, counted 1-2-3 1-2 1-2, or
slow quick quick, or
S Q Q

Formation: This is a line dance, facing center and moving CCW around it, with hands held up in "W" position.

| <u>Direction</u> | <u>Measure</u> | <u>Step</u> |
|---|----------------|--|
|  | 1 | <u>First Step:</u> Step on R to R side (ct. S), step on L behind R (ct. Q), pause (ct. Q). |
| | 2 | Repeat Measure 1. |
|  | 3 | Step on R to R side (ct. S), step on L next to R (ct. Q), rise up onto the ball of the R foot, preparing to step toward center on L (ct. Q). |
| | 4 | Step toward center on full L foot, flexing L knee (ct. S), step back briefly onto the ball of the R foot in place (3 rd beat of the "S" count), step again toward center on L foot in place, flexing knee (ct. Q), pause (ct. Q). |
| | 5-24 | Repeat Measures 1-4 five more times. |

| Direction | Measure | Step |
|---|---------|---|
| <u>Second Step:</u> | | |
|  | 1 | Turning to face line of travel, step forward lightly on R (ct. S), then on L (ct. Q), pause (ct. Q). |
| | 2 | Repeat Measure 1. |
|  | 3 | Step or leap low onto a flexed R, bringing L foot up behind R ankle (ct. S), pause, holding this position (cts. Q,Q). |
| | 4 | Step lightly on L to L side, bringing R foot in a sharp and somewhat delayed brush up behind L ankle (ct. S), step lightly on R to R side, bringing L foot up behind R ankle with a similar delay and brush off the floor (ct. Q), pause (ct. Q). |
|  | 5 | Step down on full L foot in place, flexing L knee (ct. S), step up on ball of R foot next to L (3 rd beat of the "S" count), step again down on full L foot in place, flexing L knee (ct. Q), pause (ct. Q). |
| | 6 | Stooping a bit, as if to duck under something, lift R heel to step back on R (ct. S), without lifting L heel, bring L foot back to step next to R (ct. Q), pause (ct. Q). |
|  | 7 | Repeat measure 6, gradually lifting out of the stooped position to stand upright. |
| | 8 | Leap back onto R, landing on it softly with L foot next to R ankle (ct. S), pause, holding this position (cts. Q,Q). |
|  | 9-10 | Repeat Measures 4-5. |
| | 11 | Step on R to R (ct. S), step on L to L (cts. Q,Q). |
| | 12-22 | Repeat Measures 1-11. |
| <u>Third Step:</u> | | |
|  | 1 | Still facing the line of travel, and taking large steps, step forward on R (ct. S), step on L next to R (3 rd beat of the "S" count), step forward again on R (ct. Q), pause (ct. Q). |
| | 2 | Repeat Measure 1 in the same direction with opposite footwork. |
|  | 3 | Turning to face center, step slightly to the R on R, flicking L foot up behind R ankle (ct. S), step slightly to the L on L, flicking R foot up behind L ankle (ct. Q), pause (ct. Q). |
| | 4 | Step down onto full R foot in place, letting R knee flex (ct. S), step up onto ball of L foot in place (3 rd beat of the "S" count), step down onto flexed R again (ct. Q), pause (ct. Q). |
|  | 5 | Step on L to L side (ct. S), step on R behind L (ct. Q), pause (ct. Q). |
| | 6 | Repeat Measure 5. |
|  | 7 | Repeat Measure 4 with reverse footwork. |

| Direction | Measure | Step |
|-----------|---------|---|
| ↑ | 8 | <u>Third Step (continued):</u> Repeat Measure 4, but moving in toward center as you do it. |
| ↓ | 9 | Repeat Measure 7, but moving back away from center. |
| ↻ | 10 | Repeat Measure 8. |
| ↻ | 11 | Lift L knee forward and up to almost level with hip, pivoting whole body CW to bring L knee across to the R to end facing line of travel (ct. S), step on L (ct. Q), pause (ct. Q). |
| ← | 12-18 | Repeat Measures 1-6. |
| ← | 19 | Step on L to L side (ct. S), step on R next to L (ct. Q), pause (ct. Q). |

From here, the dance begins again with the First Step.

dance notes by Erik Bendix

NOVO SELO

