

YANKINATA

Presented by Marcus Moskoff at the 1982 Mendocino Folklore Camp.

This dance, presented by Marcus Moskoff, is from the repertoire of the State Ensemble for Folk songs and Dances in Plovdiv, Bulgaria.

Record: "Marcus Moskoff Introduces Songs and Dances of Bulgaria"
Vol. 1 "YNAKINATA"

Music: 11/16 (quick, quick, slow, quick, quick) counted 1, 2, 3, 4, 5.

Formation: Lines with belt hold. Dance begins immediately with music.

MEASURE PATTERN "INTERLUDE"

- 1 Facing and moving LOD, step fwd. on R ft. (ct. 1); step fwd. on L ft. (ct. 2); step fwd. on R ft. (ct. 3); hop on R ft., while slightly lifting L ft. behind (ct. 4); step fwd. on L ft. (ct. 5).
- 2 Continuing LOD, step fwd. on R ft. (ct. 1); step fwd on L ft. (ct. 2); step fwd. on R ft. (ct. 3); hop on R ft. in place, while lifting L ft. (ct. 4); stamp L ft. next to R ft., taking no weight (ct. 5).
- 3 Turning to face center, step to L on L ft. (ct. 1); stamp R ft. next to L ft., facing center, taking no weight on R ft. (ct. 2); turning to face LOD, step to R on R ft. (ct. 3); hop on R ft. in place while lifting L ft. fwd., facing LOD (ct. 4); slap L ft. fwd., taking no weight (ct. 5).
- 4 Continuing to face LOD, step bkwd. on L ft. (ct. 1); step bkwd on R ft. (ct. 2); turning to face center, step to L on L ft. (ct. 3); facing center, dance two scissors steps in place (R,L) (cts, 4, 5).
(REPEAT MEASURES 1-4 ONCE AGAIN)

MEASURE PATTERN "BASIC"

- 1 Facing and moving diag. fwd. R, step fwd. on R ft. (ct. 1); step fwd. on L ft. (ct. 2); step fwd. on R ft. (ct. 3); hop on R ft. while lifting L ft. (ct. 4); step on L ft. in front of R ft. (ct. 5).
- 2 Facing diag. fwd. L, step bkwd. on R ft. (ct. 1); step bkwd. on L ft. (ct. 2); step bkwd. on R ft. (ct. 3); bring L ft. to close next to R ft., while bouncing once on both heels (ct. 4); hop on R ft. while slightly lifting L ft. in place (ct. 5).
- 3 Repeat action of Measure 1 but with opposite footwork and moving diag. fwd. L.
- 4 Repeat action of Measure 2 but with opposite footwork and moving diag. bkwd. L (although body faces diag. fwd. R).
(REPEAT MEASURES 1-4 ONCE AGAIN)