

JANKINATA
YANKINATA

This dance, presented by Marcus Moskoff, is from the repertoire of the State Ensemble for Folk songs and Dances in Plovdiv, Bulgaria.

Record: "Marcus Moskoff Introduces Songs and Dances of Bulgaria"
Vol. 1 "YANKINATA"
Music: 11/16 (quick, quick, slow, quick, quick) counted 1, 2, 3, 4, 5.
Formation: Lines with belt hold. Dance begins immediately with music.

MEASURE PATTERN "INTERLUDE"

- 1 Facing and moving LOD, step fwd. on R ft. (ct. 1); step fwd. on L ft. (ct. 2); step fwd. on R ft. (ct. 3); hop on R ft., while slightly lifting L ft. behind (ct. 4); step fwd. on L ft. (ct. 5).
- 2 Continuing LOD, step fwd. on R ft. (ct. 1); step fwd on L ft. (ct. 2); step fwd. on R ft. (ct. 3); hop on R ft. in place, while lifting L ft. (ct. 4); stamp L ft. next to R ft., taking no weight (ct. 5).
- 3 Turning to face center, step to L on L ft. (ct. 1); stamp R ft. next to L ft., facing center, taking no weight on R ft. (ct. 2); turning to face LOD, step to R on R ft. (ct. 3); hop on R ft. in place while lifting L ft. fwd., facing LOD (ct. 4); slap L ft. fwd., taking no weight (ct. 5).
- 4 Continuing to face LOD, step bkwd. on L ft. (ct. 1); step bkwd on R ft. (ct. 2); turning to face center, step to L on L ft. (ct. 3); facing center, dance two scissors steps in place (R,L) (cts, 4, 5).
(REPEAT MEASURES 1-4 ONCE AGAIN)

MEASURE PATTERN "BASIC"

- 1 Facing and moving diag. fwd. R, step fwd. on R ft. (ct. 1); step fwd. on L ft. (ct. 2); step fwd. on R ft. (ct. 3); hop on R ft. while lifting L ft. (ct. 4); step on L ft. in front of R ft. (ct. 5).
- 2 Facing diag. fwd. L, step bkwd. on R ft. (ct. 1); step bkwd. on L ft. (ct. 2); step bkwd. on R ft. (ct. 3); bring L ft. to close next to R ft., while bouncing once on both heels (ct. 4); hop on R ft. while slightly lifting L ft. in place (ct. 5).
- 3 Repeat action of Measure 1 but with opposite footwork and moving diag. fwd. L.
- 4 Repeat action of Measure 2 but with opposite footwork and moving diag. bkwd. L (although body faces diag. fwd. R).
(REPEAT MEASURES 1-4 ONCE AGAIN)

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