

JIG ESGOB BANGOR

(Bishop of Bangor's Jig)

Wales

Formation: Sicilian Circle formation, two couples facing in circle around the room. All begin with right foot, use walking Step throughout.

Music: 24 bar jig

- A1 Hands Four. Circle four steps CW; turn single 4 steps;
 - A2 Circle CCW 4 steps to place; turn single 4 steps.
 - B1 Ladies Chain. (As in American Square Dancing).
 - B2 Partners take crossed hand position, advance and retire two times. Pass on to the next couple, Men passing left shoulders.
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