

Jindai

(Japan)

Jindai is a dance from Shiratori, a town in the middle of the mountains of Hakusan National Park. This is a unique type of work dance. After the hard work of farming, dancers put their hands on other people's shoulders and dance freely to relieve their fatigue and to massage each other. They say the dance is several hundred years old. Another name, "Dokkoisho," is a shout which is made when making an effort.

Pronunciation: jihn-digh

Cassette: Japanese Dances—Stockton 1996 Side A/4

Formation: Single circle facing center.

Cts

Pattern

INTRODUCTION. Start the dance after a shout, "Dokkoisa no dokkoisa."

DANCE

- 1-5 Facing and moving in RLOD, step R, L, R, L fwd (cts 1-4); turn 1/2 R (CW) to face LOD as R brushes bkwd (ct 5).
- 6-9 Walk R, L, R fwd in LOD (cts 6-8); pivot on R to face RLOD as L brushes bkwd (ct 9).
- 10-13 Repeat cts 6-9 with opp ftwk. End facing LOD with wt on L.
- 14-17 Walk R, L, R fwd (cts 14-16); hop on R fwd as L lifts in front of R (ct 17).
- 18-23 Run L, R, L, R, L fwd in LOD, turning to face ctr on 5th step (cts 18-22); step on R in front of L (ct 23).
- 24-25 Facing ctr, step L, R bkwd.
- 26 Step on L in LOD while turning to face LOD.

HANDS

Yamabiraki on cts 2 and 3—make fist with hands fwd in W-pos, then move downward slightly to L with hands opening (throw down). On ct 5, Kazasai—shade eyes with L hand. Large arm swings as if walking; Kazasai R (ct 9). Same as meas 5-9; Kazasai L (ct 13). Yamabiraki—finger tips almost touch at head height, then move out and down away from side; clap at shldr height on hop (ct 17). Hands on neighbors' shldrs or extend arms fwd with palm down and do small alternating up and down movements (Fuse Nobashi) (cts 18-22); Yamabiraki (ct 23). Clap hands once in upward movement. Raise hands up to head height forming fists.

Music speeds up on repeats.

Presented by Iwao Tamaoki

Jindai—continued

