

JOC DIN BIHOR
(Romanian)

Source: Joc din Bihor is a couple dance from the Bihor mountains of northern Transylvania. It was learned by Mihai David during the years 1963-1965 while dancing with the Romanian State Folk Dance Ensemble.

Music: "The Lark" FLDR
side one, band 3 4/4

Formation: Couple dance, lines of M & W facing one another.

Style: When M have arms out to side, may snap fingers, W hands at waist palms down.

Measure

1 Hold

Introduction - M arms out, W hands at waist both move with same footwork.

1-12 Feet together, heels shift R (ct.1), L (ct.2) cont.

Figure 1 - M & W arms down

1 In place step L (ct.1), stamp R no weight (ct.2) step R (ct.2), step L (ct.3), stamp R no weight (ct.3) Step R (ct.4) step L (ct.4) stamp R no weight (ct.4).

2 Reverse measure 1, fig.1.

3-4 Repeat measure 1-2, fig.1.

5-12 Repeating 1-4 twice travel fwd. passing partners L shoulder, do si do, and back up to place.

Figure 2 - side travel

1 Walk L,R,L,R (cts. 1,2,3,4).

2 Leap landing feet together (ct.1), jump land (ct.2) jump land (ct.3), jump land (ct.4).

3-4 Reverse measure 1-2, fig. 2.

5-12 Repeat measures 1-4 twice, on third repeat M may clap on landings of each jump.

Interlude - in place M & W arms down both step R.

1 Repeat measure 2, fig.1.
To finish dance repeat figs. 1&2 completely.