

YOVANO YOVANKE  
(Macedonia)

This dance (YOH' vah no YOH' vahnkeh) is a fixed-sequence form of "Lesnoto" as danced in the town Krushevo, Macedonia. It is also known as "De Mare Selfie". It was learned in Sophia in 1958 by Michel Cartier of Montreal, Canada. It was presented by Dick Crum at the College of the Pacific Folk Dance Camp in 1959.

**MUSIC:** Record: Folk Dancer MH 3055 Yovano Yovanke. This music is in 7/8 meter, ct'ed 1-2-3-(3/8), 1-2 (2/8), 1-2 (2/8). Since 3 beats to a meas. are felt with this rhythm the ct will be given thusly: ct 1 (8/8), ct 2 (2/8), ct 3 (2/8), with ct 1 being of slightly longer duration.

**FORMATION:** Open circle, all facing ctr. M to R end of line, arms on neighbor's shoulders. W to L end of line, hands joined and held shoulder height with elbows bent. Leader (M at R end) should hold handkerchief to signal pattern changes. Last M and 1st W should hold ends of it between them. Dance may also be done with M and W intermingled in line. In such case, everyone has arms on neighbor's shoulders.

**STYLING:** When lifting one leg in front of the other (fig. I meas 2&3), the M makes a much larger movement than the W. M turns his knee out so that the inner ankle is up. At times the W toe barely clears the floor. Because of the difference in styling, the separation of M and W in the line is preferred by many dancers.

**MEAS:** 7/8

**FIGURES**

Pattern

2

INTRODUCTION

1

I. Progression in LOD

Ct 1 Step to R with R, turning a bit to R.

2 Slight lift on R while bringing L across in front of R.

3 Step on L forward and to R of R ft.

1

Ct 1 Step to R with R, turning to face ctr.

2 Swing L up in front of R with knee bent (M higher than W). At same time rise on R toe and come down.

3 Keeping lifted L leg in place, rise again on R and come down.

3

Repeat action of meas 2 but start with L to L and raise R leg.

4-21

Repeat action of meas 1-3 Fig I. 6 more times (7 in all).

22

II. Into Center and Out

Ct 1 Step R next to L.

2 Step L in place

3 Step R in place.

23

Ct 1 Step L twd ctr.

2 Step R twd ctr (this is a shorter step than the step L on ct 1)

3 Step L next to R.

24

Ct 1 Step bwd diag R on R.

2 With slight lift on R, cross L behind and to R of heel, toe  
close to floor.

3 Put full wt. on L.

25-30

Repeat action of meas. 22-24 (fig II) 2 times 3 in all.

Note: Fig. I is danced to vocal. Fig II starts on last meas of vocal and continues through all of instrumental sequence. Dance is done twice completely and ends during third time on Fig. II meas 23.