1959 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Mary Ann Herman

YOVANO YOVANKE

Macedonia

SOURCE:	Danced in the town of Krushevo, also known as "De Marro Selfio".
RECORD:	FOLK DANCER MH 3055.
FORMATION:	Open circle, arms on neighbors' shoulders.
STEPS:	The 7/8 rhythm of the dance is most easily broken down into a "slow'quick'quick" pattern. The dance consists of two steps, each of which takes three measures.

Music 7/8	Pattern
meas	
1	STEP NO. 1 (Done during singing of text.) 1 Step R with Rft, turning a bit to R. 2 Slight lift on Rft, bringing Lft forward, ready to step. 3 Step onto Lft.
2	1 Step R with Rft, turning to face center. 2 Swing Lft up in front (men higher than women), knee bent, rising on R toe, and then coming down again.
3	3 Keep L knee where it is, rise again on Rft and come down. Same movements as in Meas. 2, but with opposite feet (step on Lft, etc.)
1	STEP NO. 2 (Done during instrumental interlude.) 1 In place, step on Rft. 2 " " , " " Lft. 3 " " " Rft.
2	1 Moving toward center, step with Lft. 2 " " " Rft.
3	3 " " " " Lft, beside Rft. 1 Step obliquely right/back with Rft. 2 Place Lft behind Rft a bit to R. 3 Put whole weight on Lft.

NOTE: The "break" in the dance is done on the repeat of the verse and on the "No" of the word Yovano.

Step No. 1 is done for 21 measures; step No. 2 is done for 9 measures.