

KAJO KALINO
Macedonia

Kajo Kalino (Kah-yo Kah-lee-no) is a revised version of L. and D. Jankovic's description of this Macedonian dance. Bora Gajicki used to dance it as part of a choreography as an amateur dancer in the 1950's. This dance was taught at the 1976 San Diego S.U.F.D. Conference by Bora Gajicki.

RECORD: Borino Kolo (LP) BK 576

FORMATION: Lines, hands joined at shldr height and facing slightly R.

RHYTHM: 9/8 $\left(\frac{1,2+1,2+1,2+1,2,3}{Q \quad Q \quad Q \quad S} \right)$

METER: 9/8

PATTERN

Meas.

INTRODUCTION: 8 Meas.

FIG. I

- 1 Moving LOD, step R (ct 1-2). Step L (ct 1-2). Step R (ct 1-2). Step L (ct 1), lift R next to L ankle (ct 2), hold (ct 3).
- 2 Repeat meas 1.
- 3 Step R (ct 1-2). Step L (ct 1-2). Step R (ct 1-2). Lift L in front of R (or just touch floor) (ct 1), hold (ct 2-3).
- 4 Repeat meas 3 with opp ftwk and direction.
- 5-16 Repeat meas 1-4, three more times.

FIG. II

- Hands joined and down, face ctr - figure moves slightly to R & L.
- 1 Hop on L (ct 1), step R to R (ct 2). Step L in front of R, lift R ft calf height behind L, knee turned out slightly (ct 1), hold (ct 2). Hop on L (ct 1), step R to R (ct 2). Step in front of of R, lift R ft calf height behind L, knee turned out slightly (ct 1), hold (ct 2-3).
 - 2 Step on R beside L (ct 1-2). Step L in front of R (ct 1), lift R slightly off floor, but leave in in place (ct 2). Step on R in place (ct 1), lift L slightly off floor (ct 2). Hop on R (ct 1), hold (ct 2-3).
 - 3 Step on L (ct 1-2). Step R in front of L (ct 1), lift L slightly off floor, but leave in place (ct 2). Step L in place (ct 1), lift R slightly off floor (ct 2). Hop on L (ct 1), hold (ct 2-3).
 - 4 Repeat meas 2.
 - 5-8 Repeat meas 1-4 with opp ftwk and direction.

Repeat the dance from the beginning as many times as music allows.

Presented by Bora Gajicki

Camp Hess Kramer Institute, October 1976