UNDER THE APPLE TRUE (Kat pod yablonkoy) Russia

This is a couple dance from the Kavkaz (Cascasis) area. The dance was learned by Alexandru David while with the Romanian State Ensemble in 1963.

Record: Barinya, Alexandru David, 1979

Formation: Cpls facing LOD, M on inside of circle, W on M R side. L hands are joined fwd at chest ht, W R fist on hip, M R hand on W R waist just above W hand.

Steps: All stamps are on whole ft, unless otherwise specified.

Meter: 2/4

Measure		Pattern
f	ig 1	
1		walk 3 steps fwd R,L,R (ctsl,8,2), L ft lifts bkwd then brushed
2		fwd and slightly diag L, bend R leg (cir.)
4		reverse ms fig
3-4		repeat ms 1-2 fig 1
5		starting with R and moving out of circle, step R to R with
	,	plie (bent knee) (ctl), step L hehind R - straighten knees
		(ct&), repeat cts1,& (cts2,&)
6		repeat ms 5 fig 1, except stamp L next to R on last "s" ct
7-8		reverse ms 5-6 fig 1, twd ctr of circle
9-16		repeat ms 1-8 fig 1

fig	2
1-4	repeat Itwk of fig 1 ms 5-6 twice. M use same Itwk, W opp.
	Doing the step, M move behind W to outside of circle and continue
	moving CCW (LOD) around the circle and moves LW (RLOD) -
	both face center. W places first linger of L hand on I cheek and
	head twd RLOD, while R hand palm down supports L ellow.
	M L fist is on hip while R hand is extended out to side palm up
	at shidr level. Clap on last "E" ct.
5-8	reverse ms 1-4 fig 2, reverse flwk and direction and hand pos.
	Finish in beginning pos of dance with M on inside and W on outside
	of circle facing LOD, no clap

	fig 3	
1		brush L diag fwd (dtl), brush L across R (ct&), brush L diag L fwc
	•	(ct2), brush L behind R (ct8)
2		moving out of circle, step L behind R (ctl), step R to R (cts),
		repeat ctsl,& (cts2,&)
3-4		repeat ms 1-2 fig 3 except stamp 1 post to 8 on last usu of

reverse ms 1-4 fig 3, ftwk and direction

Court

	fig 4	
1 2		walk 3 steps fwd R, L, R (ctsl, E, 2), stamp L next to R (cts) reverse ms 1 fig 4 moving bkwd
2		step [wd R heel (ctl), stpc on L heel next to R heel (cts),
4		step back on R toe (ct2), step L toe next to R toe (cts) step on R heel to R (ctl), step on L heel to L (ft slightly astride) (cts), step on R toe in place (ct2), step on L toe next
5-16		to R toe (cts) repeat ms 1-4 fig 4, 3 more times. make $\frac{1}{4}$ turn to face ptr on last "2,8" ct. W face ctr, M back to ctr
1	fig 5 Moni	nside of circle, facing W, fists @ waist step R to R (ctl), stamp L no wt (ct&), step L to L (ct2), stamp R no wt (ct&)
2		repeat ms 1 fig 5 no stamp at end
2 3-4		4 walks R,L,R,L around ptr CW, R arm extended behind ptr's waist (cts1,8,2,8)
5-8		repeat ms 1-4 fig 5
	fig 6	
1		step R to R (ctl), cross L behind (ct&), step R to R (ct2), touch L heel to L (ct&)
2		hop on R (ctl), touch L toe behind R (cts), hop on R (ct2), touch L heel on diag (cts)
3-4		reverse ms 1-2 fig 6
3-4 5 6		hop on L (cll), step R behind (ct&), step L,R (cts2,&)
7-8		hop on R (ctl), step L behind (cts), step R (ct2) into social dance pos turn CW L.R.L, stamp R (cts1,8,2,8)
9-16		R,L,R (cts1,6,2) repeat ms 1-8 fig 6

REPEAT figs 5 ϵ 6 to end dance

Dance notes by Maria Reisch