

KALADŽOJ
(Albania)

In this Albanian dance, the title comes from the word "kölç" or sabja polo-kruk, (half-circle) in Macedonian, describing the crescent moon-shape of the sword.

Pronunciation:

Record: Songs and Dances of Yugoslavia, AK-006, Side B/3.
12/16 meter.

Formation: Mixed or separate lines facing ctr, hands joined in "W" pos.

Rhythm: 12/16 counted: $\frac{1,2,3}{1}$ $\frac{4,5}{2}$ $\frac{6,7}{3}$ $\frac{8,9,10}{4}$ $\frac{11,12}{5}$
(S, Q, Q, S, Q)

Styling: Correct styling is most important and when done well makes a very beautiful dance. The body is bent fwd during the steps done in place, resuming an upright pos for the traveling steps. Knees are flexible, leading a loose and graceful bounce to the steps. When the R ft extends outward, the L shldr is held back, and the whole torso sways with the movement of the ft. When the L ft is fwd, the L shldr also moves fwd.

There are three possible positions for the hands: In a mixed line, the "W" hold may be used. In separate lines, W place R hand on hip, and extend the L arm to shldr of W on her L. M use shldr hold, OR: L arm extends straight out to L side in front of R arm of the dancer next to you. It should be just stiff enough to keep you an arm's length away. R arm is bent fwd at elbow and held close to the body to support the dancer on your R. For the steps in place, W hook their hands on hips, while M raise R arm twd head when L leg is back, and vice versa.

Meas

Pattern

INTRODUCTION.

- 1 No action (cts 1-4); with wt on L, lift R in front of L (ct 5).

FIGURE I. In place

- 1 Stepping R to R, step-bounce twice (cts 1-2); lift L fwd (ct 3); step L fwd of R (ct 4); step back on R, lifting L (ct 5).
2 Circle L behind R (cts 1-2); step L behind R (ct 3); cross R over L and bounce twice (ct 4); step back on L, lifting R fwd (ct 5).
3-4 Repeat action of meas 1-2.

FIGURE II. Move and face LOD.

- 1 Lift R fwd (ct 1); step R fwd, lead with heel (ct 2); complete step by stepping on complete ft (flat (ct 3); step L fwd (ct 4); light leap fwd on R (ct 5).
2 Step L fwd (ct 1); bounce on L (ct 2); step fwd R,L (cts 3-4); light leap fwd on R (ct 5); step fwd (ct 6).
Begin dance from beginning.

Presented by Atanas Kolarovski