

Kalle P's Vals

(Sweden/Norway)

Kalle P's Vals (KAHL-leh pehs VAHLS) is a waltz-based figure dance that originated in Sweden and was brought to Norway in the 1980s. A gammeldans instructor in the Oslo area, Idar Thorstensen, believes he is the person who imported the dance, having learned it from a group in Alingsås, Sweden. The dance has become very popular in the Oslo area and it is found nearly everywhere gammeldans is played. Alix Cordray taught the dance at a special afternoon session during the 1998 Stockton Folk Dance Camp. At the time, Alix was conducting a tour of the San Francisco Bay Area and Seattle with Springar'n, an amateur folk dance group from Ski, just south of Oslo, Norway.

Cassette: Springar'n 98, Side A/2. (This is appropriate music because it is a Norwegian band playing a Swedish waltz.)
Any suitably phrased waltz, preferably quite lyrical. 3/4 meter

Formation: Cpls facing in LOD (CCW), W to R of ptr. Inside hands (M R, W L) joined about shldr level and outside hands at sides.

Steps and Styling: Waltz*: Usually just 3 small steps per meas (no closing step) with the longest step on ct 1. Many Norwegians dance only 1 step per meas (on ct 1).

Note: M dance each odd-numbered meas starting with L ft on ct 1;
W start with R ft. The even-numbered meas start with M R, W L.

* Described in *Steps & Styling, Rev.*, published by the Folk Dance Federation of CA, Inc.

Measures 3/4 meter

PATTERN

one ct +
2 meas

INTRODUCTION No action. Will vary with the music selected.

THE DANCE

- 1-2 Beg M L, W R, dance 2 waltz steps in LOD. At the end, turn twd ptr to face RLOD (CW) and join nearer hands (M L, W R).
- 3-4 Beg M L, W R, dance 2 waltz steps moving bkwd in LOD.
- 5-6 With 2 waltz steps change places with ptr and end facing LOD. M dance under W raised R arm; W move CW around M.
- 7-8 With M L and W R hands still joined, repeat meas 5-6 to face RLOD and then continue moving until facing ptr.
- 9-10 M change hands by taking W L in his R. With 2 waltz steps M move fwd in LOD as W turns once CW (R) under the raised joined hands. M is slightly behind W.

- 11-12 M change hands by taking W R in his L. Dance 2 waltz steps, M still moving fwd in LOD and W turning CW under the joined hands. At the end of meas 12, M move up beside W or slightly in front of her.
- 13-16 Take ballroom pos* with ptr (M L, W R hands are already joined). Beg M L, W R, dance 4 waltz steps turning twice CW while moving in LOD. At end, open out to original starting pos, facing LOD with inside (nearer) hands joined.

SEQUENCE: Dance pattern as written until end of music.