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17

KALSER MASOLKA
Austria

This is a couple dance from the eastern Tirolean area. Morry Gelman learned the dance at an Austrian Folk Music & Dance Seminar in 1985. It is an old form of dance from Kals Austria a town near Lienz, capital of eastern Tirol.

TRANSLATION:

PRONUNCIATION: KAHL-ser MAN-zol-kah

TAPE: Bayerischer Landler, side 1, band 3.

FORMATION: Cpls anywhere on the floor. With R shldrs adjacent, "hook" R arms, MR and WL hands are joined behind her back. ML and WR hands are joined behind his back. Only at start of dance (Fig I) are R arms "hooked" (M under W).

"R shldrs adjacent" are used throughout repeats of the dance and cpl rotation is always CW.

STEPS: Landler (basic step): Similar to a 3-step waltz (step-step-step). One landler step per ct. It is done flat footed and very smoothly.

Beg each figure with ML, and WR unless otherwise noted.

METER: 3/4 PATTERN

Meas.

INTRODUCTION:

FIG. I: CPL ROTATE

1-16 Do 16 Landler steps with cpls rotating CW in place. Steps are short and quick.

FIG. II: WOMEN TURN ALONE & DUCK UNDER

1-2 WOMEN: Release joined hands (ML-WR) behind M back - W in upright pos turns CCW (L) once in place under raised joined hand (MR-WL).

3-4 W turning CCW (L) bend over at waist and with free R hand ~~held~~ ^{high} completes full turn by "backing under" joined hands (ML, WR) which are at waist ht (approx).

1-4 MEN: At the same time M move very SLOWLY CW around W with "landler steps" while MR and WL hands are joined, free hand at side.

End with M straightening up and R shldrs adjacent with ptr - join ML and WR hands behind M back. Other joined hands (MR-WL) are now in front of W at waist ht. Arms should not be "hooked".

5-8 In pos described above, cpls rotate CW to end of meas 8.

FIG. III: MEN TURN ALONE & DUCK UNDER

- 1-2 MEN: Release joined hands (MR-WL) in front of W - M turn CCW (L) once in place under raised joined hands (ML-WR).
- 3-4 M continue turning CCW (L) and bends over at the waist and with free R hand ~~held high~~ completes full turn by "backing under" joined hands which are at waist ht (approx).
NOTE: During meas 1-4 M do a total of 2 turns.
- 1-4 WOMEN: At the same time, W move very slowly CW around ptr. End with M straightening up and R shldr adjacent to ptr. M joins R hands with WL behind W back. Other joined hands (ML-WR) are in front of M.

Repeat Fig. II & III to end of music.

Dance notated by Morry Gelman, edited by dd

Presented by Morry Gelman
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