

Action

(1) Slide right foot forward, slide left foot forward; Then quickly slide right, then left, then right (four counts)

(2) Take partner in regular dancing position. Polka eight steps around room. (for children, use a right and left arm hook).

(3) If this dance is to be used as a mixer, the couples stay in the double circle formation and change partners on the last two counts of the polka or right and left arm hook).

Leaders Cue

A right, left, right, left, right (repeat to music) A right arm hook, left arm hook, a right arm hook, a left arm hook. (follow music for cue)

KAVELIS LITHUANIAN

This dance is best taught by the demonstration method.

Music: Kavelis

Formation

Double circle; man on the inside. Join both hands.

Action

(1) Holding hands, the group polkas eight steps to the right, then eight to the left.

(2) Chorus: Face partners, clap own hands. Clap partners right hands, clap own hands, clap partners left hand, join both hands and turn counter-clockwise in place, using four steps.

(3) Repeat claps, and turn counter-clockwise in place.

(4) Ladies polka to center with four polka steps. Return to place with four polka steps. Men do the same.

(5) Chorus: Men stand still and ladies weave in and out between the men.

The movement is counter-clockwise.

Ladies begin by going in front of one man, back of another, etc., and continue until chorus music begins. Chorus: Men do weaving figure. Chorus: Grand right and left.

Leaders Cue

This would be a good dance to practice several times and make up your own patter.

LAS CHIAPANEAS MEXICAN MEXICAN CLAPPING DANCE

This dance is best taught by demonstration. The leader does not usually call this dance.

Music: Sonart #301, Album M8-Vol. I
"Mexican Waltz"

Formation

Partners face each other. This dance does not have to be a mixer and therefore, it is usually better if the partners are not in a formal circle.



Action

(1) Right foot over left, step, swing, step, swing, step, face, clap, face.

(2) Left foot over right, step, swing, step, swing, step, face, clap, face.