

The following description is for sets of four couples. The routine described is divided into three parts - Music A, B, C, (repeated) with an A, A, strain at the end which may be used as "exit" music. Advanced dance groups are referred to, "Folk Dances and Singing Games" by Elizabeth Burchenal. This music fits the Burchenal routine.

## FORMATION-

Sets of four couples, in a column, facing front.  
Girl on partner's right.

## STARTING POSITION-

Hands on hips (knuckles on hips, elbows forward),  
Right foot free.

## MEASURES

## Music A

1 - 16

I.  
CAST OFF and CIRCLE ONCE AROUND TO PLACES.  
First Man turn left, First Girl turn right and each lead file, Men in a counter-clockwise circle, Girls in a clockwise circle, once around, to places with fifteen "Heel" Polka steps, starting with Right foot. Finish with three Stamps in place (Right, Left, Right).

## Music B

1 - 4

II.  
EXCHANGE PLACES with partner, GIRL PASSING IN FRONT of partner WITH SIX "SIDE" STEPS, starting with inside foot ENDING WITH A STAMP. On last measure, Man steps sideward right (counts 1 and) and stamps Left foot in front of Right, without taking weight (2 and), as Girl steps sideward left and stamps Right foot in front of Left.

5 - 8

RETURN TO PLACES, repeating pattern of Measures 1-4.

9 - 16

REPEAT pattern of Measures 1-8.

## Music C

1 - 4

III.  
EXCHANGE PLACES with partner, GIRL PASSING IN FRONT of partner WITH THREE "HOP-STEP" SIDE steps, starting with the Hop on the outside foot, ENDING WITH THREE STAMPS.

5 - 8

RETURN TO PLACES, repeating pattern of Measures 1-4.

9 - 16

REPEAT pattern of Measures 1-8.

Repeat Figures I, II, III, I, then Exit with partner OR in two files, First Man and First Girl leading.

## \*GLOSSARY

"HEEL" POLKA STEP Right. Step forward on Right heel (count 1), Bring Left foot to Right heel and displace Right foot, "cutting" right leg diagonally forward (and), Step forward on Right foot (2 and). Repeat pattern, reversing footwork, for "Heel" Polka step Left. Swing right arm out to the right with the palm up, when starting with the Right foot, and swing right arm across in front of body with palm down when starting with Left foot. Left arm remains on hip.

"SIDE" STEP Right. Right arm raised diagonally upward, left arm extended diagonally downward. Step sideward right with an accent on Right foot (count 1), Cross and Step on ball of Left foot in back of Right (and). Two "Side" steps danced to one measure of music. Repeat pattern, reversing footwork and arm position for "Side" step Left.

"HOP-STEP" SIDE STEP Right. Hop on Left foot, progressing to the right and raise right leg sideward (count and), Step sideward right on Right foot (1 and), Cross and Step on Left foot in back of Right foot (2). Swing the arms sideward and upward on the Hop, and downward, across each other in front, as feet are brought from open position to closed, crossed position. Reverse footwork for "Hop-Step" Side step Left.