

KAMISICA (Kamashitsa)

(Bulgaria-Thrace)

Line dance - no partners

SOURCE: From town of Pazardžik, Western Thrace. Learned originally by Michel Cartier in Bulgaria.

RECORD: "Folklore Dances of Bulgaria" LP-8-4000, side 1, band 2

RHYTHM: 7/8 (ONE-two-three) or (SLOW-quick-quick)

STARTING POSITION: M & W in mixed lines holding belts ("na lesa")

STYLING: Dances of Western Thrace (Pazardžik, Plovdiv) are not as heavy as those of Eastern Thrace (Sliven, Jambol). Movements are small and sharp.

Measure

Figure 1

- 1 Facing slightly and moving right, step on right foot (1) HOP slightly on right foot in place (2) step on left foot in front of right (3)
- 2 Facing center, step on right foot in place bringing left leg up bent at knee and crossing slightly in front of right leg (1) two small flexions on right foot (2,3)
- 3 REPEAT pattern of measure 2 reversing direction & footwork
- 4-15 REPEAT pattern of measures 1-3

Figure 2

- 1 REPEAT pattern of figure 1, measure 1
- 2 Facing center, step on right foot in place (1) touch heel of left foot twice on ground describing 60° & 30° angles (2,3) * Doing this, the upper part of the body is slightly facing left and the head is also facing in this direction
- 3 REPEAT pattern of measure 2 reversing direction & footwork
- 4-15 REPEAT pattern of measures 1-3

Figure 3

- 1 REPEAT pattern of figure 1, measure 1
- 2 REPEAT pattern of measure 2, figure 2
- 3 Step on left foot in place (1) TAP toes of right foot twice behind left foot (2,3) * Here head looks at right foot over right shoulder
- 4-18 REPEAT pattern of measures 1-3

Figure 4

- 1-15 REPEAT pattern of figure 1, measures 1-15

Figure 5

- 1 REPEAT pattern of figure 1, measure 1
- 2 Three SCISSOR-STEPS in place (1,2,3)
- 3 With weight on right foot, step on left foot in place (1) step on right foot crossing in front of left (2) step back on left foot
- 4-12 REPEAT pattern of measures 1-3

(continued)

(continued)

MeasureFigure 6

- 1 Facing forward, step on right foot in place (1) HOP on right foot, bringing left leg up in a "bicycle" fashion (2) step on left foot in place (3)
- 2 REPEAT pattern of figure 5, measure 2
- 3 With weight on right foot, LEAP onto left foot, left leg being straight and body bending down (1) HOP on left foot bringing right leg forward up (2,3)
- 4 REPEAT pattern of measure 3 reversing footwork
- 5 REPEAT pattern of measure 3
- 6-7 REPEAT pattern of figure 5, measures 2 & 3

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Description by Yves Moreau
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