

Kangeli

Source: Greek Folk Dances, M. Vouras & R. Holden
Elliniki Hori, V. Papahristos

Time: 7/8

Position: Couples randomly around floor facing each other.
Women hold spoons she plays in time to the music
while man holds 2 shot glasses in each hand
one over thumbs and one over middle fingers.

Record: FR-4111A

Measure: Kalamatiano step

- 1 R. step to right (S) step behind L. (Q) side (Q).
- 2 Step L. across in front (S) side R. (Q) cross with L. (Q).
- 3 Forward with R. (S) in place L. (Q) place R. (Q).
- 4 Step back with L. (S) R. in place (Q) L. either in place or crossed over R. (Q)

You may do just measures 3-4 facing for awhile if
if you like. Couples dance around each other,
turning moving side to side etc.

When music speeds up all join hands in circle and do
kalamatiano to end.