

KAPETAN VOJVODA

Капетан Войвода
(Pirin-Bulgaria)

This is a type of *Pravo Horo* danced to a popular folk song about *Kapetan Vojvoda* whose real name was Kostadin Nunkov, who fought the Ottoman Turks in the region of Blagoevgrad.

Music: Yves Moreau CD

Rhythm: 2/4

Formation: Mixed lines. Hands in "W" pos. Face ctr, Wt on L.

Style: Light and proud

Measure 2/4

Pattern

2 Intro. No action.

Basic Figure

- 1 Step on R fwd (1) raise L knee (2)
- 2 Step on L fwd (1) raise R knee (2)
- 3 Step on R fwd (1) step on L fwd (2)
- 4 Step on R ft, turning to face ctr (1) raise L knee (2)
- 5 Facing ctr, step fwd on L (1) raise R knee (2)
- 6 Step back onto R (1) raise L knee (2)
- 7 Facing ctr, step on L to L, arms extend fwd (1) step on R behind L, arms continue fwd, down and down (2)
- 8 Step on L to L, arms begin to swing fwd (1) raise R knee, arms come back to W pos (2)
- 9 Still facing ctr, step fwd on R (1) raise L knee (2)
- 10 Step back onto L (1) raise R knee (2)

Dance repeats from beginning

Presented by Yves Moreau

Description © Yves Moreau