

1960 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Anatol Joukowsky

KARAGOUNA (Kah-rah-goo'-nah)

Greek

SOURCE: Learned by Dick Crum from Mr. Stavros Kalaras, Athenian folk dance teacher now living in Pittsburgh, Pa.

RECORD: Colonial LP-127

FORMATION: Open circle, Hs joined at about shoulder height-leader on R end, should be a man.

Pattern

meas. ct.

- PART I (Done four times through):
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|---|---|---|
| 1 | 1 | Moving in LOD, step with RF. |
| | 2 | Moving in LOD, step with LF. |
| 2 | 1 | Step on RF and face twd ctr. |
| | 2 | Point L toe fwd and pause (or as a variation, hop slightly on RF, count "&" kicking LF a bit fwd in air). |
| 3 | 1 | Step on LF in place |
| | 2 | Point RF diagonally back/R. |
| 4 | 1 | Point RF fwd |
| | 2 | Point RF diagonally back/R again. |
- VARIATION - on Part I: Meas 1,3, and 4 are the same as above, but the following is done instead of Meas 2:
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|---|---|--|
| 2 | 1 | Step on RF and face twd ctr. |
| | & | Step on L toe close in back of R heel |
| | 2 | Step on R toe close in back of L heel (similar to a slow reel step). |
- PART II (Done twice through):
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|-----|---|---|
| 1 | 1 | Facing ctr still, step sdwd to R with RF. |
| | 2 | Close LF to RF a little fwd, with very slight turn of body to R. |
| 2-4 | | Do movements of Meas 1 three more times, moving R. |
| 5 | 1 | Point RF diagonally fwd/R. |
| | 2 | Wt still on LF, bring RF across in the air, OR do two slight hops on LF as you bring RF across. |
| 6 | 1 | Step onto RF across and to the L of LF. |
| | 2 | Point LF diagonally fwd/L |
| 7 | 1 | Point LF again diagonally fwd/L |
| | 2 | Wt still on RF, bring LF across in the air OR do two slight hops on RF as you bring LF across. |
| 8 | 1 | Step onto LF across and to the R of RF. |
| | 2 | Point RF diagonally fwd/R |

Continued...

Karagouna (cont'd)

meas. ct.

(MEN'S VARIATION on Part II): Meas 1 thru 4 the same as described above, but meas 5-8 as follows:

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|-----|---|--|
| 5 | 1 | Full knee bend (prisjadka), knees out. |
| | 2 | Rise on LF, swinging RF out and across in air (may be done with double hop on LF). |
| 6 | 1 | Step onto R toe across and to the L of LF. |
| | 2 | Point LF diagonally fwd/L OR close LF beside RF in place |
| 7-8 | | Same as 5-6 but opp footwork |

NOTE: This description of Karagouna does not include a Part III sometimes inserted into the dance, consisting of 8 meas or ordinary Syrto Kalamatianos steps. This Part III is not originally part of Karagouna, but is sometimes added by Greek performing groups to give variety to the dance.