

Karamfilcheto

This is a dance from the village of Eliseina (Middle Northwest Bulgaria). It is a male-female dance in a 2/4 metre. The dance is performed either with instrumental or vocal accompaniment (see the song enclosed). The dance has one figure in 7 measures (with vocal accompaniment) and one figure in 12 figures (with instrumental accompaniment)

Starting position: The dancers stand in a semi-circle a half way turned to the left. Belt hold ("Na lessa").

*First figure:***First measure:**

At "one" - step on L foot to the L

At "two" - step on R foot to the L

Second measure:

At "one" - step on L foot to the L

At "two" - step on R foot to the L

Third measure:

At "one" - hop on R foot facing the center

At "two" - step on L foot in front of the R

Fourth measure:

At "one" - step on R foot backward

At "two" - step on L foot backward

Fifth measure:

At "one" - step on R foot to the R. Step on L foot to the R foot

At "two" - step on R foot to the L foot

Sixth measure:

At "one" - step on L foot to the L. Step on R foot to the L foot

At "two" - step on R foot to the L foot

Seventh measure:

At "one" - step on R foot to the R. Step on L foot to the R foot

At "two" - step on R foot to the L foot

Second figure:

Starting position: facing the center

First measure:

At "one" - step on L foot in front of the R

At "two" - step on R foot in place

Second measure:

At "one" - step on R foot in place

At "two" - step on R foot in place

Third measure:

At "one" - step on L foot in front of the R

At "two" - step on R foot in place

Fourth measure:

At "one" - L foot hits (kicks) the R

At "two" - step on L foot in place

Fifth measure:

At "one" - R foot hits the L

At "two" - step on R foot in place

Sixth measure:

At "one" - L foot hits (kicks) the R

At "two" - step on L foot in place

Seventh measure:

At "one" - hop on L foot to the L, the toes of the R foot touch the ground

At "two" - hop on L foot to the L, the toes of the R foot touch the ground

Eight measure:

At "one" - hop on L foot to the L, the toes of the R foot touch the ground

At "two" - hop on L foot to the L, R foot is in low flexion

Ninth measure:

At "one" - step on R foot forward

At "two" - step on L foot forward, step on R foot in place

Tenth measure:

At "one" - step on R foot forward

At "two" - step on L foot forward, step on R foot in place

Eleventh measure:

At "one" - step on R foot backward

At "two" - step on L foot backward

Twelfth measure:

At "one" and at "two" - hop on both of the feet

The text of the songs:

Ako se zagenish mene da si zemesh

Mene da si zemesh, Done mamina. //

Chorus: *Karamgilcheto, kara-karamficheto,*
kitka gledana nemirisana //

Az she ti kupja sarmeno kolanche
sarmeno kolanche, Done mamina

Chorus: *Karamgilcheto, kara-karamficheto,*
kitka gledana nemirisana //

SONGS

CD1, No6

Ako se zagenish (Karamfilcheto)

The song is from the region of Eliseyna, North West Bulgaria. This song accompanies Karamfilcheto” - dance. The metre is 2/4

Ako se zagenish mene da si zemesh
mene da si zemesh, Done mamina. //

Refrain: Karamgilcheto, kara-karamficheto,
kitka gledana nemirisana //

Az she ti kupja sarmeno kolanche
sarmeno kolanche, Done mamina

Refrain: Karamgilcheto, kara-karamficheto,
kitka gledana nemirisana //

This song is a marriage proposal. He tells he how he is ready to give her everything, but to be with her, because she is so beautiful. She is like a desired, but untouched flower