

RUSSIAN TWO STEP

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Russia

POSITION: COUPLES TAKE BALLROOM OR SOCIAL DANCE POSITION AND FACE COUNTER
CLOCKWISE

- MEASURE
- 1 Point outside toe forward (man's left and lady's right)
- 2 Bring toe back to place (without weight)
- A
- 3-4 Starting on outside foot - take three walking steps forward
(retaining hand hold) pivot on third step - with both feet in opposite
direction
- 5-8 Repeat measure 1-4 in opposite direction
On the three walking steps, start to open up - on the pivot, hold
inside hands (outside hand freely in air) facing counter clockwise
- 9-10 Balance away from partner and balance towards partner
On away - man - LRL lady-RLR
Towards - man - RLR lady-LRL
- B
- 11-12 Take a 4 step turn away from partner and end up holding inside hand
facing counter clockwise
On turn - man - LRLR lady - RLRL
- 13-16 Repeat all of Measure 9-12
- 17-18 Starting on outside foot - take 3 walking steps - pivoting (counter-clockwise)
on third step in opposite direction
- C
- 19-20 Retaining hand hold - with free foot walk 3 steps clockwise pivoting
on third step and face counter clockwise.
- 21-22 Repeat measure 9-10
Balance away from partner and balance towards partner and into ballroom
position
- 23-24 Starting on outside foot, (man's left and lady's right) in ballroom
position - turn clockwise with two two-steps (two step is step together
step)