

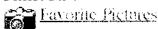
Women's Antikristous

Greek

. Music:

Women's Antikristous from Cyprus Folk Dances

Time: 3:37



In these dances women are in pairs, facing eachother.

Tirst Women's Antikristos

One basic step

One turn

One basic step

One middle and back

One change

One basic step

One change

One basic step

One turn

Basic Step: Step to the right on right. Step on left behind right. Step to the right on right. Step left crossing over right. Cross right over left (moving to left now). Step left to left. Step right behind left. Bring left to right.

During this step, hands are pantomiming sewing.

Step to middle and back: Hands on hips. Step to the front on right foot, shoulders angled left. Step left behind right. Step right forward, shoulders to middle. Step left forward, shoulders angled right, you should be facing your partner. Pivot on left foot 180 degrees stepping on right. Three steps back rutil at starting position.

Change: Step forward on right, body facing left. Step left behind right. Partners are now back to

Cort ...

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back. Stopen sign involve cockwise. Step on left to face partner. You are now on the opposite side than you started. In these little steps back starting with right foot.

arm: Teaming clockeds a unif to the right, take three steps starting with right foot. Close feet. Turning countercomposite and to the felt, take three steps starting with left foot and close. During this step, hands are past owning - vine.

Second Mannen's Antikristos

During the proceeding the proceeding the state of the sta vertically main strain paramet hold them horizontally. They switch positions with each beat.

One basing of

One turn

One basic step

Two changes.

One basic star

Two turbs and by witheaptraft falternating dancers)

Basic Stern State and Beat Suffront of right, return weight to right foot. Bring left next to right. Repeat statility with a cigin and. Afterpate two more times.

Firm: Best refer escaring 122 degrees awanterclockwise with each heel.

Change 4 had the basic stry moving forward, passing by your partner. Use remaining two steps to turn (80 figure to appearable wise, had facing your partner.

Turn with the Burn color of the hold a nandkerchief between them with right hands. Stage right women the least the act women to one turn.

Third Waren's Antikristos

One bas, potenti of the care basic step

One chares:

One basic section of the same basic scope

One change

One basic step sometime is no basic Hap-

One turn a metal extent

Basic Stept. Hispan courses are a feet. Stop left to left. Step on right. Left crosses over right. Step right on right. Steeped the other is called ing that during this step.

Turn: Do the the Section of the making an entire rotation counterclockwise.

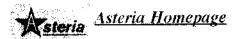
Change: The Manager and the Foot, shoulders angled to the left. Step left behind right. Small step

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forward on right. Step forward on left angling shoulders to right. Step on right and left turning counterclockwise 180 degrees to face partner.

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e-mail: asteria@vic.com