

Presented by Mary Ann Herman

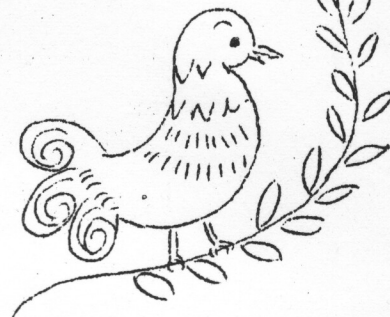
KASAPSKO HORO

Dance from Macedonia. Alternating men and women in a circle, hands on neighbors shoulders. Six figures are given here, each of which is done four times, in a sequence fitting the record. The music varies in speed throughout the record, excelerating at the beginning slowing down toward the middle, and later speeding up again. Start dance after 7 notes. This dance learned from Michel Cartier who did extensive research in Bulgaria. Directions from Folk Dance House Kolo Festival Syllabus.

RECORD: FOLK DANCER MH 3054-B

FIGURE I (BASIC STEP)

- 4 Times Meas. 1 ct. 1 Step R with R ft
ct. 2 Continue moving R, stepping on L ft.
Meas. 2 ct. 1 Step R with R ft
ct. 2 Swing L leg up across in front of R ft.
Meas. 3 ct. 1 Step on L ft.
ct. 2 Swing R leg up across in front of L ft.

FIGURE II (Turns)

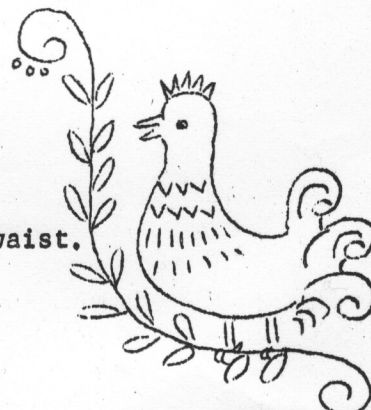
4 Times The same as Figure I, but Meas. I, the steps R-L are done with each dancer releasing hands and making a complete individual turn R (CW). The step-swings are then done with hands on shoulders as in Figure. I. During turn, hands are on own hips.

FIGURE III

- 4 Times Meas. 1 ct. 1 With preliminary step (very light) on ball of R ft to R, step with L ft behind R ft.
ct. 2 Repeat this movement again.
Meas. 2-3 Same as in Figure I

FIGURE IV

- 4 Times Meas. 1 ct. 1 Step R with R ft.
ct. 2 Step L ft behind R ft, bending forward from waist.
Meas. 2-3 Same as in Figure I.
This figure retards gradually.

FIGURE V

- 4 Times Meas. 1 Same as in Figure I (R-L to the R)
Meas. 2 ct. 1 Boys kneel toward R-hand girl, going down on knee and clapping hands. R-hand girl acknowledges the boys' movement with a slight bend toward him.
ct. 2 Boys rises from kneel, weight on both feet, not moving feet from their positions on the floor, and turns to girl on L.
Meas. 3 ct 1 Kneel on R knee to L-hand girl, who acknowledges movement as above.
ct. 2 Rise from kneel.
Meas. 4-6 One basic step (as under Fig. 1)

FIGURE VI

- Meas. 1 ct. 1 Jump landing on both feet, landing with L ft in front of R ft. *Move sideways while doing this to Right*
ct. 2 Jump landing on both feet, landing with R ft in front of L ft.
Meas. 2 ct. 1 Step R ft R.
ct. 2 Swing L ft up in front across R.
Meas. 2 Pas-de-basque L-R-L, the R ft stepping in front of L ft.