

KESHENAVO (Israeli Dance)

Dance by Avi Peretz

Record: SABRAS # 4

PART I

- 1-2 Step on Right to Right side extending Left heel to Left side on floor
- 3-4 Step back on Right behind Left
- 5 Right to Right side
- 6 Left crosses in front of Right
- 7 Close Right to Left
- 8 Small twist of body to Left with bent knees
- 9-16 Repeat 1-8
- 17-18 Sway Right - Left
- 19-20 Moving CW, cross Right over Left, Left to Left side
- 21-22 Cross Right over Left & Swing Left over Right in air
- 23-26 Moving CCW, cross Left over Right, Right to Right side,
Cross Left over Right, hold.
- 27-28 Turn to Right in two steps, R, L
- 29-32 Step on Right to Right side, cross Left over Right,
Close Right to Left, hold
- 33-62 Repeat Part I, counts 1-30 (End with weight on Left)

PART II

- 1-2 Sway Right - Left
- 3-4 Heel - step (Touch Right heel forward, step forward on Right)
- 5-6 Step forward on L, hold
- 7-8 Turn to Right moving forward to center of circle in two steps, R - L
- 9-10 Step forward on Right, hold
- 11-14 Chirkasea step L, R, L, R (Forward on Left, Right in place,
backward on Left, Right in place)
- 15-16 Step on Left while clapping hands & lifting Right with bent knee, hold.
- 17-22 With Right shoulders to center of circle (face CW), move out of
circle in 8 steps of backward mayim step (Cross Right behind Left,
Left to Left side & Repeat)
- 23-30 Face center, turn to Right Right, Left, Hold, Turn to Left L-R, L, Hold
- 31-60 Repeat Part II, counts 1-30
- 61-62 Close Right to Left, hold.

Presented by Danny Uziel at Maine Folk Dance Camp 1987

