

1967 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Vilma Matchette

KASTORIANOS

(Greece)

SOURCE: This is a Greek dance for women and is from the village of Kastoria in Macedonia.

MUSIC: Folkcraft 1011 2/4 Rhythm

FORMATION: Open circle, leader at right, hands held down. Facing diagonally right, moving to right.

PART I:

Meas. Ct.

1	1	Step R (leaning upper body to R)
	and	close L to R
	2 and	Step R
2	1	Step L (leaning upper body to L)
	and	Close R to L
	2 and	Step L
3	1	Step R (leaning upper body to R)
	and	Close L to R
	2 and	Step R

Turn and face L and raise arms up.
Step L close R to L. Step L (do this step almost in place).

Repeat 2 more times (3 times in all).

Stamp R ft 4 times.
Clap hands to R once, about shoulder height.

Repeat all until clarinet interlude.

PART II:

Moving R. Step R.
Close L to R.
Step R.

Step L.
Close R to L.
Step L.

Continue until end of interlude.

Return to Part I until end of music.