

Presented by Athan Karras

KASTORIANOS

(Kah-stoh-ree-ah- nos)

SOURCE: This dance was taught by S. Kostandinou, and has been researched by Kostas Lambrou, Dean of the Academy of Physical Science and Athletics. Kastoria in Macedonia is famous for its fur industry, thus there is a tradition of hunting animals like squirrels and others for their fur. Thus the dance has elements of imitating movements of the hunters clapping hands that the animals come out of their hiding place. As the dance developed flirtatious elements entered into the dance when men and women face each other clapping hands as if to say Women: WHERE WILL YOU TAKE ME? Men: WHAT WILL YOU DO FOR ME?

RECORD: Chorodrama Panhellenion Folk Ensemble 4507-A

FORMATION: Closed circle alternating M & W, so that ptrs may correspond.

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PATTERN

- | Measure | FIGURE A  |
|---------|---|
| 1       | Stepping R in LOD (three quick steps RLR) step R, <sup>step</sup> L behind R, step R.                                 |
| 2       | Step with L LOD (three quick steps LRL)   |
| 3       | Step R to R, (one step) step L to R, (one step) IN LOD  |
| 4       | Step R 3 (quick steps RLR, <sup>LEAPING</sup> stepping R, bring L to R and step R in place.                           |
| 5       | Step L to L, <sup>in</sup> LOD, LRL, <sup>LEAP</sup> step L, bring R to L, step L in place)                           |
| 6       | Same as meas 5, only step to R, RLR   |
| 7       | Same as meas 5  |
| 8       | Same as meas 6  |
| 9       | Facing center of circle, <sup>LEAP</sup> step twd ctr with L, LRL, raising arms up as you <sup>move</sup> go twd ctr. |
| 10      | Facing <del>ctr</del> <sup>circle</sup> and <del>stepping</del> <sup>LEAP</sup> away from ctr bwd with R, (RLR)       |
| 11      | Repeat meas 9   |
| 12      | Repeat Meas 10  |

FIGURE B

W turning first to L and facing opp ptr, clap hands together while stamping L ft five times, then repeat this to other side with opp ftwk and hands. Repeat. M, face to R first, make a fist with R hand, hitting it on L hand. After this has been done four times, then all join hands and start from beginning. The hand movements are in lieu of saying: "Where will you take me?" "What will you do for me?"