

KASTRINOS
(Greek Island)

Source: Learned from Theódore Petridis and Cretan ethnic group in New York area.

RECORD: Folkraft 1463B

Form'n: Open circle with leader at R end. Hands held at shoulder height. Line moves in and out of center of open circle, and a very slight movement is made towards the right.

Metre: 2/4 counted (1, 2, &); or (Slow, Quick, Quick).

Meas. Pattern

- 1 Stp fwd twd ctr diag R on R(ct1), Stp L in frt of R(ct2), Shift wt onto R(ct&). Note: This step is more or less a "Pas De Basque" in a slow, quick, quick rhythm.
- 2 Stp fwd twd ctr diag L on L(ct1). Stp R in frt of L(ct2), Shift wt onto L(ct&).
- 3 Stp fwd diag R on R(ct1), Hop on R bringing L leg up and slightly crossed behind R. Note: At this point the steps reverse and the dancers move out from the ctr of the open circle.
- 4 Stp bck from ctr diag L on L(ct1), Stp R bhnd L(ct2), Shift wt onto L(ct &).
- 5 Stp bck frm ctr diag R on R(ct1), Stp L bhnd R(ct2), Shift wt onto R(ct&).
- 6 Stp bck on L diag L(ct1), Hop on L bringing R leg up and slightly crossed in front of L(ct2).