

# **KASTRINOS** (Greek-Island)

Learned by S. Newman from T. Petrides and Cretan ethnic group in New York area.

**Music:** Record: Folkraft 1463.

**Formation:** Open circle with leader at R end. Hands held at shoulder height. Line moves in and out of ctr of open circle and a very slight movement is made twd the R.

**Meter 2/4** Counted 1, 2, & or Slow, Quick, Quick.

<u>Measures</u>	<u>Pattern</u>
1	Step fwd twd ctr diag R on R (ct 1), step L in front of R (ct 2), shift wt back on R (ct &). <b>NOTE:</b> This step is more or less a "pas de basque" in a slow, quick, quick rhythm.
2	Step fwd twd ctr diag L on L (ct 1), step R in front of L (ct 2), shift wt back on L (ct &).
3	Step fwd diag R on R (ct 1), hop on R bringing L leg up and slightly crossed behind R (ct 2).  <b>NOTE:</b> At this point the steps reverse and the dancers move out from the ctr of the open circle.
4	Step back from ctr diag L on L (ct 1), step R behind L (ct 2), shift wt fwd onto L (ct &).
5	Step back from ctr diag R on R (ct 1), step L behind R (ct 2), shift wt fwd onto R (ct &).
6	Step back on L diag L (ct 1), hop on L bringing R leg up and slightly crossed in front of L (ct 2).

**Presented by: Oliver (Sonny) Newman**