KASTRINOS (Greek-Island)

Learned by S. Newman from T. Petrides and Cretan ethnic group in New York area.

Music:

Record: Folkraft 1463.

Formation:

Open circle with leader at R end. Hands held at shoulder height. Line moves in and out of ctr of open circle and a very slight movement is made two the R.

Meter 2/4

Counted 1, 2, & or Slow, Quick, Quick.

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Step fwd twd ctr diag R on R (ct 1), step L in front of R (ct 2), shift wt back on R (ct &).

NOTE: This step is more or less a "pas de basque" in a slow, quick, quick rhythm.

2 Step fwd

Step fwd twd ctr diag L on L (ct 1), step R in front of L (ct 2),

shift wt back on L (ct &).

Step fwd diag R on R (ct 1), hop on R bringing L leg up and slightly crossed behind R (ct 2).

NOTE: At this point the steps reverse and the dancers move out from the ctr of the open circle.

Step back from ctr diag L on L (ct 1), step R behind L (ct 2),

shift wt fwd onto L (ct &).

Step back from ctr diag R on R (ct 1), step L behind R (ct 2),

shift wt fwd onto R (ct &).

Step back on L diag L (ct 1), hop on L bringing R leg up and slightly crossed in front of L (ct 2).

Presented by: Oliver (Sonny) Newman

NOTE: Variation II can be done traveling in LOD or RLOD be initiating the direction in meas 2 (ct 2) with the direction of

VARIATION III (Cross-over or Cut)

Step L across in front of R (ct 1), hop on L, bringing R from back to front (ct &), step R across in front of L (ct 3), hop on R, bringing L from back to front (ct &).

on R. bringing L from back to front (ct &). Repeat action of meas 2, Variation El. Repeat action of meas 2, cts 1, &. Close E beside L (ct 2).

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