

KAZANLŮŠKO MŮŽKO HORO

KAZANLŮŠKO MŮŽKO HORO

Men's Dance from Kazanlŭk

Bulgarian men's line dance taught by Nick Jordanoff

Record: Any fast 2/4 Bulgarian horo tune may be used. In class we used "Bulgaria in Song and Dance", WP 595, "Nadlazi horo"

Formation: Men in a line, with belt hold: grasp nearest part of neighbor's belt, R arm under, L arm over.

FIGURE I - "Na mjesto" or "Tropoli"

This figure is the "basic step" of the dance; and is performed between the various figures described below. The number of times this figure is done depends upon the discretion of the lead dancer.

- (Upbeat): Preliminary scuff of R heel in place.
- Meas. 1 Step onto full Rft in place, with very very slight turn to R (ct. 1); scuff L heel in place (ct. &); step onto full Lft in place, with very very slight turn to L (ct. 2); the step on ct. 2 is more strongly accented than ct. 1, with a slightly deeper flex of L knee. Scuff R heel in place (ct. &)
- Meas. 2 Step onto Rft in place with slight turn to R (ct. 1); tap ball of Lft lightly near Rft very quickly, and get ready to raise L knee high (ct. &); come down sharply on R heel in place, simultaneously raising L knee rather high, bringing lft up high beside R leg (ct. 2); scuff L heel beside Rft, beginning a slight turn to L (ct. &).
- Meas. 3 Step onto Lft in place, turning slightly L (ct. 1); tap ball of Rft lightly near Lft, taking weight on Rft momentarily (ct. &); step onto Lft in place again, this time with more accent, with deeper flex of knee (see Meas. 1, ct. 2) (ct. 2). (Preliminary scuff of R heel in place as at beginning of this figure - ct. &)

Note: This step is done with very relaxed legs, and in a semi-plie position. The accented ct. 2, in Meas. 1 and 3 are quite marked, as is the free-and-easy style of lifting the L knee and foot in ct. 2 of Meas. 2.

FIGURE II - "Da go živo!"

- After doing Figure I several times;
- (Upbeat) (Preliminary scuff of R heel, moving forward, then
- Meas. 1 Step forward on full Rft (ct. 1); scuff L heel forward (ct. &); step forward on full Lft, simultaneously kicking R lower leg out to the side Charleston style, keeping knees close (ct. 2); scuff R heel forward (ct. &)

- Meas. 2 Swinging R lower leg across in front, place it on ground in front and to L of Lft, the outer edge ("the rib") of Rft touching the floor, R knee straight, weight entirely on Lft (ct. 1); moving Rft to R of its above position, step onto it in front of its own normal position, simultaneously kicking L lower leg out to side, Charleston-style, knees close (ct. 2)
- Meas. 3 Bring feet together in place, knees straight (ct. 1); chug, with feet together, to L, having turned to face a bit toward L, knees bent (ct. 2)
- Meas. 4 Leap back onto Rft, twisting a bit to R as you land, with L knee up and bent a little inward in a way similar to that of Ct. 2, Meas. 2 of Fig. 1 (ct. 1); scuff L heel, etc., as in Meas. 1 of Fig. 1 (ct. &); step on Lft, as in Meas. 1 of Fig. 1 (ct. 2); scuff R heel as in Meas. 1 of Fig. 1 (ct. &)
- Note: Meas. 4 is actually the first measure of a basic Fig. 1, and dancers continue right into same.

FIGURE III - "Vodi!"

- Meas. 1 Without bending forward, step forward onto Rft (ct. 1); shift weight back onto Lft in a position slightly forward from where it was before (ct. 2); scuff Rft forward (ct. &)
- Meas. 2 Step forward again with Rft (ct. 1); hop on Rft (ct. 2)
- Meas. 3 Turning body to R sharply take a step diagonally forward/L with Lft, forward from previous position, but at an angle, since body is now turned to R (ct. 1); chug on both feet apart (ct. 2)
- Meas. 4 Straightening out from turn so that you are again facing straight forward, take two steps backward, Rft, Lft (cts. 1, 2)
- Meas. 5 Take one step straight back with Rft.
- Meas. 6 Take one step straight back with Lft.

FIGURE IV - "Dolu"

- Meas. 1-4 Same as Meas. 1-4 of Fig. III
- Meas. 5 Take one step straight forward with Rft (ct. 1); slight hop on Rft as you raise L knee high in front (ct. 2)
- Meas. 6 Go into a deep knee-bend (prysiadka) on both feet.

Note: "Dolu" is usually followed immediately by a regular "Vodi", before proceeding into the basic Fig. 1 again.

FIGURE V - "Skokni!"

- Meas. 1-2 Same as Meas. 1-2 of Fig. I.
- Meas. 3 Step forward on Lft, leaving Rft off the ground behind (ct. 1); close feet together as you chug forward on both heels, bending knees (ct. 2)
- Meas. 4 Jump backward onto both toes together, knees straight (ct. 1); chug forward on both feet again as in Meas. 3, ct. 2 (ct. 2)

- Mens. 5 Turning body slightly R, step back on Rft, leaving Lft in its previous position (ct. 1); shift weight back onto Lft in its place, swinging up and around in front high (ct. 2)
- Mens. 6 Hop on Lft, R knee held high, turning L (ct. 1); stamp R heel down to L and bring knee back up again immediately Ct. 2
- Mens. 7 Hop on Lft, R knee held high, turning R (ct. 1); stamp R heel down to R and bring knee back up again right away (ct. 2)
- Mens. 8 Step back on Rft, extending straight Lft forward (ct. 1); step back on Lft, extending Rft forward (ct. 2) This is a low, simple scissors knees straight.
- Mens. 9 Step backward on Rft, Lft is held out in front, gently bent at knee very slightly (ct. 1) hop on Rft, bringing L knee a bit further forward, (ct. 2)
- Mens. 10 Do Mens. 3 of basic Fig. I, and then proceed on with repetitions of basic Fig. I until leader signals a change in figure.

Presented by Nick Jordanoff at the 1969 California Kolo Festival in San Francisco.