

KEGEL QUADRILLE (Skittle Quadrille)

MF-2, A-4

German Folk Dance from the province of Mecklenburg, the Kegel is the kingpin. The excitement comes when the Kegel in the center steals a partner for the waltz.

Form: 4 couples in a square and the 5th couple as skittle in the center. Skittle man faces 1st cpl. and skittle woman faces 3rd cpl.

Meas. 1-8 Hand Tour of the Skittle. Skittle man and 1st woman join right hands and walk once around; at the same time skittle woman and 3rd man join right hands and walk once around. Then the skittle couple join left hands in the center and pass each other. Skittle man and 3rd woman and skittle woman and 1st man then do the same. Skittle cpl. finish with the man facing 2nd cpl. and the woman facing 4th cpl.

Meas. 9-16 Circle clockwise all four cpls. around the skittle.

Meas. 1-8 Hand Tour of the Skittle. Same as above but this time the skittle dances with 2nd and 4th cpls. Skittle ends in starting position.

Meas. 9-16 Circle clockwise as above.

Meas. 17-24 Women's Round. Women with hands on hips walk 8 steps counterclockwise and 8 steps clockwise inside around the circle.

Meas. 17-24 (repetition) Men's Round. Same as Women's Round. The men clap their hands on the 1st count of measure 17.

Meas. 25-32 Hand Tour of the Skittle. Same as Meas. 1-8 above with 1st and 3rd cpls.

Meas. 25-32 Hand Tour of the Skittle continues without interruption (repetition) with 2nd and 4th cpls. Skittle ends in starting formation.

Meas. 33-40 Half Chain. The 4 couples around the standing skittle Grand Right and Left half around the circle to opposite places, swing around by the right hand, and back to place.

Meas. 33-40 Half Chain
(repetition)

Meas. 41-48 (with repetition) Waltz. As the waltz begins, the skittle dancers move over to the 1st cpl., clap hands, and take the position of the 1st cpl. which in turn dances to the center and becomes skittle. All cpls. with regular hold waltz counterclockwise once around the skittle. The turn is clockwise - two waltz steps per turn - two turns per quarter of the circle.

The whole dance is now repeated with the new skittle. It may be repeated until every cpl. has been skittle. During the last waltz the last skittle merely joins the other cpls. in the round waltz.