

Kendime

(Turkey)

Source: Dance from western Turkey. Authentic Turkish steps arranged by Bora Ozkok.

Record: BOZ-OK, side 2, band 2. Time: 2/4.

Formation: Mixed lines, hands grasped at shoulder level. Ends of the lines hold handkerchief in free hand.

Steps and

Styling: This dance has a light, bouncy feeling; the arms move up and down. The leader carries the line snake-fashion around the floor so that people often face each other while passing by. This is a simple dance but one in which styling, particularly shimmying (shaking of the upper torso), is essential. The dance can begin at the start of any 4-measure phrase, and the one step is repeated throughout.

Measure

Basic Step

- 1 Facing LOD, step R (ct 1); step L (ct 2).
- 2 Repeat measure 1.
- 3 Step R (ct 1); face ctr bringing L to meet R but keeping wt on R (ct 2).
- 4 Step twd ctr on L (ct 1); raise R behind L calf, touching calf, while bending body bkwd (ct 2).