

2. SYNGATHISTOS

Formation: This dance begins as a partner dance and later becomes a line dance. It is danced usually with a man and woman, but either two women or two men also dance it. Partners are facing each other with arms out to snap the rhythm. When it becomes a line dance all join arms at the shoulders.

Measure: Fig. (A)

- 1 step L ft in front of R accenting a heavy step (S)
- 2 three quick steps in LOD stepping L ft across R small, step L ft to R, and small step R to R
- 3-16 REPEAT MEAS 1 & 2 8 TIMES, each couple CREATING their own circle.

Fig. (B)

- 1 with feet together both partners squat, body erect to a "squatting position", pivoting knees towards L while going down and to R while rising (ct 1 & 2)
- 2 Rise facing the partner, flexing the knees, extending arms out, facing partner with palms almost touching.

THIS IS DONE THREE TIMES AND ON THE 4TH TIME

- 3 & 4 Do a turn CW, stepping R, L, R, and R together (in place) arms out on 4th step
- 5-8 REPEAT FIG. (B)

Fig. (C)

- 1 & 2 basic hassapiko, all arms on shoulders in open circle
step R ft to R, step L ft across in front of R, step R to R swing L leg across in front of R, step L to L side, swing R leg across in front of R, step L to L side, swing R leg across behind L leg.

DO THIS STEP 9 TIMES ON THE TENTH YOU STEP
R, L, R, TOGETHER

Fig. (D) Altogether 16 phrases

- 1 & 2 a) same as (C) except on 4th step deep knee bend, and on ct 5, 6 rise kick R ft behind L, and start again.
b) same as above on R, L, R swing R, and in place follow with 3 brush steps fwd LRL (QQQ)
a and b are done 4 times each.

3. KERKYREIKOS

Formation: Women in couples holding a handkerchief between them led by one man or leader who may have several couples in line. The leader holds on to handkerchief held by women, and later frees himself for freer interpretation of leaps, jumps and turns. Rhythm is counted as a syrto- Slow, Quick, Quick

Measure: Fig. (A)

- 1 Step fwd on R ft; (S) close L ft in back of R (Q), Step R ft in place (Q).
- 2 Repeat Measure 1 with opposite footwork
- 3 step fwd (large step) on R raising L slightly (S); step bwd on L ft (Q); step bwd on R ft (Q);
- 4 step bwd on L ft (S); bring R ft to L ft (Q); step L ft in place (Q)

LEADER MAY FACE THE WOMEN DOING THE ABOVE WITH OPPOSITE FOOTWORK SO THAT WHEN GIRLS GO FWD HE STEPS BWD ETC. HE CAN ALSO TAKE THE STEPS TURNING, OR DANCE BETWEEN THEM AND JOIN THE OTHER COUPLES IN LINE.

LEADER WILL ALSO JUMP LEAPING IN THE AIR, BENDING BOTH KNEES, SLAPPING BOTH HELLS IN THE AIR, AND CONTINUE THE PHRASE, OR IMPROVISE TURNS JUMPS AND LATER AGAIN JOIN THE FORMATION.

another variation:

- 1 step R ft to R (S); cross L ft in front of R (Q); step L ft in place (Q).
- 2 the same as above only start stepping to L on L ft.

Measures 3 & 4 as in FIG. (A)

