

KERMENSKO HORO  
(Bulgaria)

**Source:** Learned by Dennis Boxell from Bulgarian Dance Group in London, England, 1961. This horo is typical of the dances done in villages of eastern Thrace. The description given here is as done in the village of Kermen, Sliven county.

**Record:** Folklore Dances of Bulgaria B-4000-A, Band 4.

**Formation:** Mixed horo, hands joined down at sides.

**Rhythm:** 2/4 time.

**Meas. Ct. Pattern:**

FIGURE I:

- |   |   |  |
|---|---|--|
| 1 | 1 | Raising arms slowly, step on R ft. diagonally to R.                  |
|   | 2 | Continuing to the R, step on the L ft.                               |
| 2 | 1 | Step on the R ft. to the R.  |
|   | 2 | Close L ft. to R ft. Arms should now be extended at shoulder height. |
| 3 | 1 | Step back on the R ft. Lower hands.                                  |
|   | 2 | Close L ft. to R ft.   |
| 4 | 1 | Step fwd. on R ft. Raise arms.                                       |
|   | 2 | Close L ft. to R ft.   |
| 5 | 1 | Hop on R ft. Lower arms.   |
|   | & | Small step L with L ft.  |
|   | 2 | Small step fwd. with R ft.   |
|   | & | Step on L ft. in place.  |
| 6 | 1 | Hop on L ft.   |
|   | & | Small step R with R ft.  |
|   | 2 | Small step fwd. with L ft.   |
|   | & | Step on R ft. in place.  |
| 7 |   | Same as Meas. 5.   |
|   |   | Repeat Meas. 1-7.  |

FIGURE II:

- |   |   |   |
|---|---|---|
| 1 | 1 | Facing to R, hop on L ft.                       |
|   | & | Continuing to R, step on R ft.                  |
|   | 2 | Continuing to R, hop on R ft.                   |
|   | & | Continuing to R, step on L ft.                  |
| 2 | 1 | Continuing to R, hop on L ft.                   |
|   | & | Step on R ft, turning to face center of circle. |
|   | 2 | Small step fwd. with L ft.                      |
|   | & | Step on R ft. in place.                         |
| 3 | 1 | Hop on R ft, moving slightly to L.              |
|   | & | Small step fwd. with L ft.                      |
|   | 2 | Small step fwd. with R ft.                      |
|   | & | Step on L ft. in place.                         |
| 4 | 1 | Small step backwards with R ft.                 |
|   | & | Step on L ft. in place.                         |
|   | 2 | Small step fwd. with R ft.                      |
|   | & | Step on L ft. in place.                         |

KERMENSKO HORO - Continued

MEAS.    CT.    FIGURE II continued

- 5            1       Hop on L ft, moving slightly to R.  
             &       Small step R with R ft.  
             2       Small step fwd. with L ft.  
             &       Step on R ft. in place.  
6-7         Same as Meas. 3-4.

Variations:    A little "scissors" step may be done in Meas. 4 and/or Meas. 7,  
                         as follows:

- 1       Step on R ft. in place, thrusting L ft. fwd low  
&       Step on L ft. in place, thrusting R ft. fwd low  
2       Step on R ft. in place, thrusting L ft. fwd low  
&       Step on L ft. in place, thrusting R ft. fwd low

Style Notes:    Keep your steps small, close to ground. The forward and back steps  
                         are more like steps next to the other foot but a bit forward.

FIGURE III:

This is a gallop or slide step used instead of the step-hops.  
Do 4 side-gallops to the R.  
Then beginning with R ft. do 3 "three-steps" in place.  
L ft. is now free to begin slide step to the L.  
Repeat "three-step" only with opposite footwork.

Sequence:       Do Fig. I twice.  
                     Do Fig. II twice.  
                     Do Fig. II with variations twice.  
                     Do Fig. III twice.

Presented by Dennis Boxell at 3rd Annual  
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