

KERMENSKO MUZKO HORO  
(Kermen, Thrace)

Source: Teorija za Stroeza na Dvizenijata u Bulgarskata Narodna Horeografiya by Kiril Dzenev, 1965

Record: AMAN - 102

Time: 2/4

Position: Dance for men only, belt hold, knees bent.  
Dance is performed according to calls.

Measure: 1. Zaigravane - Done several times. Once finished, it is not done again.

- 1 Step fwd. on R. (ct.1). Step fwd. on L. (ct.2).
- 2-3 Step fwd. on R. (ct.1). Lift L. in front (ct.2).  
Repeat measure with opposite ftwk.
- 4 Step back on R. (ct.1). Step back on L. (ct.2).
- 5-6 Step back on R. (ct.1,2). Repeat on L.

2. Zaredi

- 1 Leap fwd. on R. (ct.1). Leap fwd. on L. (ct.2).
- 2 Leap fwd. on R. (ct.1). Step quickly with  
toes of L. next to R. (ct.&). Step fwd. on  
R. (ct.2). Hit L. heel fwd. (ct.&).
- 3 Leap diagonally to Lft. (ct.1). Brush R. to  
side and fwd. slightly of L. (ct.&). Step  
on R. slightly fwd. of L. (ct.2). Take no wt.
- 4-6 Same as measures 4-6 of Step I.

3. Hvurli levi

- 1-2 Leap onto R. in place (ct.1). Step quickly  
with toes of L. next to R. (ct.&). Step on-  
to R. in place (ct.2). Hit L. heel next to  
R. (ct.&). Repeat with opposite ftwk.
- 3-4 Repeat measures 1-2.
- 5 Step fwd. on R. bending upper body slightly  
fwd. (ct.1). Bring L. through and fwd. (ct.2).
- 6 Tap R. heel, straightening upper body and bring-  
ing L. into a high lift (ct.1). Step back onto  
L. (ct.2).

KERMENSKO MUŽKO HORO (continued)

Measure: 4. Pripleti

- 1-4 Same as in Step 3.
- 5 A flat-footed scissors step. Bring R. back (ct.1). Bring L. back (ct.&). Bring R. back (ct.2&).
- 6 Leap slightly to L. (ct.L). Hit R. next to L. (ct.2).

5. Četiri Čukni Desni Levi Zamahni

- 1 Same as measure 1 of Step 3.
- 2 Leap slightly to Lft., flinging R. behind slightly and turned in (ct.1). Fling R. fwd. and diagonally Lft. with a locked Lft. knee, while tapping L. heel (ct.2).
- 3 Hop side L. on L. clicking R. to L. and switching wt. to R. (ct.1). Fling L. fwd. and diagonally Lft. with a locked Lft. knee while tapping R. heel (ct.2).
- 4 Repeat measure 3 with opposite ftwk.
- 5-6 Repeat measures 3-4.
- 7-8 Same as measures 5-6 of Step 3, but taking no wt. on final beat.
- 9-10 Repeat measures 7-8 with opposite ftwk.
- 11-12 Same as measures 5-6 of Step 3.

6. Tri v djasno, vurni nazad

- 1-4 Same as measures 1-4 of Step 3.
- 5 Leap slightly R. (ct.1). Step across behind with L. (ct.2).
- 6-7 Same as measures 1-2 of Step 3.
- 8 Same as measure 5.
- 9-10 Same as measures 1-2 of Step 3.
- 11 Same as measure 5.
- 12 Same as measure 1 of Step 3.
- 13 Same as measure 5, but with opposite ftwk. and direction.

KERMENSKO MUŽKO HORO (continued)

Measure:

- 14-15 Same as measures 2-3 of Step 3.  
16 Same as measure 13.  
17-18 Same as measures 2-3 of Step 3.  
19 Same as measure 13.  
20 Same as measure 2 of Step 3.  
21-22 Same as measures 5-6 of Step 3.

7. Četiri Čukni dva o dva

- 1-6 Same as measures 1-6 of Step 5.  
7 Leap fwd. onto R. leaning slightly fwd. (ct.1).  
Step fwd. onto L. (ct.2).  
8 Bring R. to L. taking no wt. and straightening  
body (ct.1,2).  
9-10 Same as measures 7-8.  
11-12 Same as measures 5-6 of Step 3.

8. Tropoli tri Čukni

- 1-4 Same as measures 1-4 of Step 3.  
5 Leap fwd. onto R. (ct.1). Leap fwd. L. bring-  
ing R. through diagonally and loosely fwd. (ct.2).  
6 Tap L. heel clicking R. to L. (ct.1). Tap L.  
heel again, bringing R. diagonally and loosely  
fwd. again (ct.2).  
7-8 Repeat measure 6 twice more.  
9 Leap back onto R. (ct.1). Leap back on L. (ct.2).  
10-12 Same as measure 6 three times.  
13-14 Same as measures 5-6 of Step 3.

9. Četiri Čukni EŽ-Bež Daj v djasno

- 1-6 Same as measures 1-6 of Step 5.  
7 Tapping with L. heel, bring R. in front of  
L., slightly turned out and touching toe only  
(ct.1). Tap L. heel bringing R. twd. the  
back, turned in (ct.2).



KERMENSKO MUŽKO HORO (continued)

Measure:

- 8        Tapping with L. heel, touch R. toe behind L. (ct.1). Tapping with L. heel, move R. ft. to side. (ct.2).
- 9        Tapping with L. heel, click R. ft. to L. ft. (ct.1). Tapping with R. heel, bring L. leg fwd. slightly (ct.2).
- 10-12    Repeat measures 7-9 with opposite ftwk.
- 13-14    Same as measures 1-2 of Step 3.
- 15-32    Same as measures 5-22 of Step 6.

10. Batarejna

- 1-4       Same as measures 1-4 of Step 3, but taking wt. on last beat.
- 5-6       Leap fwd. onto L. (ct.1). Leap fwd. onto R. (ct.2). Repeat.
- 7        Leap fwd. onto L. (ct.1). Hold (ct.2).
- 8-9       Same as measures 5-6 of Step 3.

11. Pušek

- 1-4       Same as measures 1-4 of Step 3.
- 5        Fall fwd. on R. (ct.1). Brush L. heel beside R. (ct.&). Fall fwd. on L. (ct.2). Brush R. heel beside L. (ct.&).
- 6        Same as measure 1 of Step 3.
- 7        Leap diagonally fwd. onto L. (ct.1). Brush R. foot twd. L. (ct.&). Hit R. beside L. (ct.2). Pause (ct.&).
- 8        Leap side R. onto R. (ct.1). Brush L. ft. twd. R. (ct.&). Hit L. beside R. (ct.2). Pause (ct.&).
- 9        Same as measure 7, moving only to Lft. on first beat.
- 10-11    Same as measures 5-6 of Step 3.

12. Bûrkaj

- 1-7       Same as measures 1-7 of Step 11.

KERMENSKO MUŽKO HORO (continued)

Measure:

- 8 Touch R. to side of L. slightly turned out, straightening Lft. leg (ct.1). Hit R. next to L. flexing both knees (ct.2).
- 9 Repeat measure 8.
- 10-11 Same as measures 5-6 of Step 3.

13. Četiri Čukni, tri dolu

- 1-6 Same as measures 1-6 of Step 5.
- 7 Leap slightly R., flinging L. ft. behind R., low and turned out (ct.1). Leap slightly L., flinging R. across L., high and turned out (ct.2).
- 8 Squat with knees together (ct.1). Straighten with a slight bounce on both ft. (ct.2).
- 9-10 Same as measures 7-8.
- 11-12 Same as measures 7-8
- 13-14 Same as measures 5-6 of Step 3.

14. Leko digaj

- 1 Same as measure 1 of Step 3.
- 2 Leap L., bringing R. across L., low and turned in (ct.1). Hop on L., bringing R. fwd. and up (ct.2).
- 3-4 Same as measures 1-2.
- 5-6 Same as measures 5-6 of Step 4.
- 7-8 Same as measures 5-6 of Step 3.

15. Levi Desni spri, udari

- 1-9 Same as measures 1-9 of Step 11.
- 10-11 Same as measures 5-6 of Step 4.