

KERMENSKO MUŽKO HORO

Bulgarian men's dance from the village of Kermen, Sliven County. The figures selected here are only a few of the thirty-odd figures recorded for this very rich dance.

Pronunciation: Kere-men-sko mush-ko ho-ro

Recording: Monitor MF 402, Side Two, Bd. C, "Kermensko Horo"

Time: 2/4

Formation: Men in "lesa" formation: join neighbor's belts, R arm under, L arm over.

Figure 1 - "Zaigrāj"

Meas. 1	Step Rft diagonally fwd/R (ct. 1); step Lft diag. fwd/R (ct. 2)
Meas. 2	Step Rft diagonally fwd/R (ct. 1); pause (ct. 2)
Meas. 3	Step Lft diagonally fwd/R (ct. 1); pause (ct. 2)
Meas. 4	Step straight back with Rft (ct. 1); step back with Lft (ct. 2)
Meas. 5	Step straight back with Rft (ct. 1); pause (ct. 2)
Meas. 6	Step straight back with Lft (ct. 1); pause (ct. 2)

Note: This is the basic "Pravo trokijsko" step found in many Thracian dances. It can be varied so that dancers move straight forward and back rather than diagonally, etc.

Figure 2 - "Zaredi"

Meas. 1	Stamp forward onto Rft (ct. 1); stamp forward onto Lft (ct. 2)
Meas. 2	Low leap forward onto Rft (ct. 1); close L toe up to Rft (ct. 2); low leap forward onto Rft (ct. 2); scuff L heel forward (ct. 2)
Meas. 3	Low leap forward onto Lft (ct. 1); stamp Rft diagonally fwd/R, weight still on Lft (ct. 2); stamp Rft in front of Lft (ct. 2)
Meas. 4-6	Same as Meas. 4-6 of Figure 1

Figure 3 - "Tropoli"

Meas. 1	Step onto Rft in place (ct. 1); tap L toe beside Rft (ct. 2); lower R heel in place (ct. 2); tap L heel beside Rft (ct. 2)
Meas. 2	Same as Meas. 1, but opposite footwork.

Note: "Tropoli" is the actual basic step of this dance, used as a "filler" between the various figures called by the leader.

Figure 4 - "Hvārli"

Meas. 1-4	Four measures of "tropoli"
Meas. 5	Step forward on Rft (ct. 1); swing Lft up in air in front (ct. 2)
Meas. 6	Chukehe on Rft in place as Lft continues up in air (ct. 1); step backward onto Lft, taking weight (ct. 2).

Figure 5 - "Prinletti"

- Meas. 1-4 Four measures of "tropoli"
 Meas. 5 Three little scissors steps R-L-R (ct. 1 & 2) in place.
 Meas. 6 Leap onto Lft in place (ct. 1); stamp Rft in front of Lft (ct. 2)

Figure 6 - "Tri vdiasno, vumi nazad"

- Meas. 1-4 Four measures of "tropoli"
 Meas. 5 Low leap R with Rft (ct. 1); leap Lft behind Rft (ct. 2).
 Meas. 6-7 Two measures of "tropoli"
 Meas. 8 Same as Meas. 5
 Meas. 9-10 Two measures of "tropoli"
 Meas. 11 Same as Meas. 5
 Meas. 12 One measure of "tropoli" (on Rft)
 Meas. 13 Low leap L with Lft (ct. 1); leap Rft behind Lft (ct. 2)
 Meas. 14-15 Two measures of "Tropoli", beginning with Lft
 Meas. 16 Same as Meas. 13.
 Meas. 17-18 Two measures of "tropoli", beginning with Lft.
 Meas. 19 Same as Meas. 13
 Meas. 20 One measure of "tropoli", beginning with Lft
 Meas. 21-22 Same as Meas. 5-6 of Fig. 4 "Hvürli"

Figure 7 - "Batarejna"

- Meas. 1-4 Four measures of "tropoli"
 Meas. 5 Stamp forward onto Rft (ct. 1); s tamp forward onto Lft (ct. 2)
 Meas. 6 One measure of "tropoli" with Rft
 Meas. 7 Step Lft in place (ct. 1); tap R toe beside Lft (ct. &); jump onto both feet (flat) slightly apart (ct. 2)
 Meas. 8 Slight hop on Rft, kicking Lft up across in front (ct. 1); leap onto Lft, kicking Rft up across in front (ct. 2)

Figure 8 - "Pušek"

- Meas. 1-4 Four measures of "tropoli"
 Meas. 5 low leap forward onto Rft (ct. 1); scuff L heel fwd (ct. &); low leap forward onto Lft (ct. 2); scuff R heel fwd (ct. &)
 Meas. 6 One measure of "tropoli" with Rft
 Meas. 7 Same as Meas. 3 of Fig. 2 "Zaredi"
 Meas. 8 Same as Meas. 7, but with opposite footwork.
 Meas. 9 Same as Meas. 7
 Meas. 10-11 Same as Meas. 5-6 of Fig. 4 "Hvürli"

Presented by Nick Jordanoff at the 1969 Calif. Kolo Festival in San Francisco.