Keshenavo

(Israel)

Keshenavo (keh-shay-nah-VOH) is translated as "When we shall come". The choreography is by Avi Peretz and the dance was presented by Bentzi Tiram of Haifa, Israel at the 1987 University of the Pacific Folk Dance Camp.

MUSIC: Cassette: Special Tiram tape from UOP Camp 1987. Side A/6

4/4 meter

FORMATION: Closed circle, hands on adjacent shldrs ("T" Pos"). Face center.

STEPS: Step*, leap*.

STYLING: Dance with the knees slightly bent; the weight is usually carried over the balls

of the ft. Stamps as used in this description are accented steps with the full

ft.

*Described in Steps & Styling, published by the Folk Dance Federation of California, Inc.

MUSIC 4/4

PATTERN

Measures

1 ct plus

8 meas INTRODUCTION No action. Begin at 2nd ct of vocal.

I. "T" POSITION

- A 1 Stamp on R ft to the R (ct 1); hold (ct 2); step with emphasis on L ft behind and to R of R ft (ct 3); hold (ct 4).
 - 2 Leap lightly on R ft to R in LOD (ct 1); step on L ft across R ft (ct 2); close R to L ft and swing heels to R while standing on the balls of both ft (ct 3); return heels to ctr (ct 4).
 - 3-4 Repeat meas 1-2.
 - While facing ctr, step on R ft to R and sway body to R (ct 1); keeping R ft in place, sway body to L (ct 2); step on R ft across L ft (ct 3); step on L ft to L (ct 4).
 - Step on R ft across L ft (ct 1); begin to swing L ft in a CW arc (ct 2); step on L ft across R ft (ct 3); step to R on R ft (ct 4).
 - 7 Step on L ft across R ft (ct 1); hold (ct 2); release hands and step on R ft to R while beginning CW turn in LOD (ct 3); continue CW turn by stepping on L ft across R ft (ct 4).
 - Finish turn by stepping on R ft to R (ct 1); step on L ft across R ft and resume "T" Pos (ct 2); stamp on R ft beside L (no wt)(ct 3); hold (ct 4).
- A 1-8 Repeat Fig I but on meas 8, ct 3-4 step on R ft to R and sway body to R (ct 3); keeping R ft in place, sway body to L (ct 4). Hands remain free at sides.

II. IN AND OUT

- B 1 Dance Debka step twd ctr by touching R heel fwd (ct 1) and leaping lightly onto R ft (ct 2); stamp on L ft twd ctr (ct 3); hold (ct 4).
 - Turn once CW while moving twd ctr with steps on R.L.R; hold (ct 4).

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- 5 Step fwd on L ft while raising arms and arching back (ct 1); step on R ft in place (where ft was) and begin to lower arms (ct 2); step back on L ft and lower arms (ct 3); step on R ft in place (ct 4).
- Step vigorously to ctr on L ft and clap hands with a rising motion (ct 1); hold (ct 2); step bkwd on R ft away from ctr (ct 3); step back on L ft away from ctr and turn slightly CCW (ct 4).
- Continue to move away from ctr by stepping on R ft across L ft and at the same time swing R arm across body to the L and bend body to the L (ct 1); step back on L ft away from ctr and straighten body and bring R arm to R side (ct 2); repeat meas 4, ct 3-4.
- 6 Repeat meas 5, ct 1-2; begin CW turn in LOD by stepping on R ft to R (ct 3); continue CW turn by stepping on L ft across R ft (ct 4).
- Step on R ft to R to finish turn (ct 1); hold (ct 2); begin GCW turn in RLOD by stepping on L ft to L (ct 3); continue CCW turn by stepping on R ft across L ft (ct 4).
- Step on L ft to L to finish turn (ct 1); hold (ct 2); step on R ft to R and sway body to R (ct 3); keeping R ft in place sway body to L (ct 4).

Note: It is convenient to consider the last % of meas 4 to the first % of meas 8 as four ct sequences.

C 1-8 Repeat Fig II but on meas 8, ct 3-4 stamp on R ft beside L ft (no wt)(ct 3); hold (ct 4).

64 meas Repeat the dance two times (three times in all).

C 1-8 Repeat Fig I.

B 1-8 Repeat Fig II.

1 meas

plus 1 ct ENDING Dance Fig II, meas 1.

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