

KI' TIN' AM  
(Love Is Pleasant While Dancing)

Record: Folkways Records Album No. FW 935

Formation: Cple facing CCW, W to R side of M. Inside arms held comfortably out to side, elbows bent so arm extends twd LOD (CCW). Hs joined palm to palm, parallel to floor. M palm turned up and W palm placed on top, fingers matching. Outside arms curved out in front of body so hands may be joined palm to palm. M palm turned upwd, W dn. Outside Hs a little lower than joined inside Hs, fingers touching heel of ptrs H.

Tempo: 4/4

Meas.    Pattern  
Figure 1

- A. 1 Step fwd with R ft (ct 1 &). Step fwd on L toe (ct 2 &). Step fwd on R ft (ct 3 &). Step fwd on L toe (ct 4 &).
- 2 Step fwd with R ft (ct 1 &). Step on L ft in place (ct 2 &). Close R ft (ct 3 &). Hold 1 quarter note of music (ct 4 &).
- 3 Step fwd on R ft (ct 1 &). Step fwd on L toe (ct 2 &). Step fwd on R ft (ct 3 &). Step fwd on L toe (ct 4 &).
- 4 Step bkwd on R ft (ct 1 &). Step on L ft in place (ct 2 &). Close R ft (ct 3 &). Brush ball of L ft to L (ct 4).
- 5 Step to L side with L ft (ct 1 &). Cross R ft (stepping on high toe) in bk of L (ct 2 &). Repeat step to side L (ct 3 &), cross R in bk (ct 4 &).
- 6 Step fwd with L ft (ct 1 &). Step with R ft in place (ct 2 &). Close L ft (ct 3 &). Brush ball of R ft to R (ct 4 &).
- 7 Step to R side with R ft (ct 1). Cross L ft (stepping on high toe) in bk of R (ct 2 &). Step to R side (ct 3 &), Cross L ft in bk of R (ct 4 &).
- 8 Step bkwd with R ft (ct 1 &). Step on L ft in place (ct 2 &). Close R ft (ct 3 &). Hold (ct 4 &).

Finish with inside Hs joined and dn. Outside Hs free.

Note: In the above step both the fwd and bkwd movements give a soft rolling movement right up to the shoulders.

- 9 M: Small leap fwd with L ft (ct 1 &). Step on R ft in place (ct 2). Close L ft to R (ct 3 &). Hold (ct 4 &).  
W: Leap to R side with R ft (ct 1 &). Step L ft beside R (ct 2 &). Step R ft in place (ct 3). Hold (ct 4).
- 10 M: Leap with R ft to R side (ct 1 &). Step L ft beside R (ct 2 &). Step R ft in place (ct 3 &). Hold (ct 4 &).  
W: Step bkwd with L ft (ct 1 &). Step on R ft in place (ct 2 &). Close L ft to R (ct 3 &). Hold (ct 4 &).

Note: Weight must be on L ft at close of this step.

- 11 M: Step to L with L (ct 1 &). Hold (ct 2 &). Close R to L (ct 3 &). Hold (ct 4 &).

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- Meas.      Pattern  
W: moves in front of M with one full leaping turn R, L, R, and finishes on M's L. (cts 1 & 2 & 3 &). Hold (4 &).  
Note: At the end of turn W is on M's L, her LH on M L and R joined underneath.  
12      W step bk with L ft (ct 1 &).      Step on R ft in place (ct 2 &). Close L ft to R (ct 3 &). Hold (ct 4 &). M step fwd with L (ct 1 &), step R in place (ct 2 &). Close L to R (ct 3 &), Hold (ct 4 &).

Figure II

- Couples are now in double circle. W to M L.  
B 1      Both step to R side making a 1/4 turn to face ptr (ct 1 & 2 &).  
Close L ft to R and go into deep knee bend (ct 3 & 4 &).  
2      Slowly rise from knee bend (ct 1 & 2 &). Both step bkwd on L (ct 3 &).  
Step fwd on R ft (high toe) (ct 4 &). (Turning bodies so that R shoulders are touching. Arching the joined LH overhead. R joined Hs dn).  
3      Beginning with L cples now turn CW in place. Step dn on L (ct 1 &),  
Step on high toe of R (ct 2 &), step dn on L (ct 3 &), step on high toe of R (ct 4 &).  
B. rpted      Repeat action of meas 1-4, Fig. II. Finish in original pos ready to repeat dance.

Note: In B, Fig. II, whenever the term "step down" is used, the weight is on the whole of the ft and the L knee is bent.

--presented by Rivka Sturman  
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