

KIIGIDI KAAGIDI (Estonia)



The directions for this dance, as taught by the Estonian Education Society and further verified by Dave Rosenberg's research in Europe, are as follows:

OPENING FORMATION: Couples in a circle, with lady to right of man, facing counterclockwise. Free hands swing gently by sides.

PART 1: Man starts with left foot, lady with right. Move forward with 4 step-hops, swinging outside hands, backward and forward, while inside hands are joined straight down and move forward and back. The free foot is swung forward each time.

Face the other way by turning inward towards partner, change hands and do 4 step-hops clockwise.

Repeat all of above.

PART 2: Face partner and join both

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hands, stretching them out to the side at shoulder level. Man dances to his left, lady to her right, with a step-together-step. Then pivot on man's left, lady's right foot, into a back-to-back position, dropping the forward hands as you do so and swinging away from partner. Circle is moving counterclockwise.

Still moving counterclockwise, but in a back-to-back position, do a step-together-step, the man starting on his right, the lady on her left foot.

Take shoulder-waist position and turn clockwise with 4 step-hops, making the 4th a small jump on both feet. Man is on the outside of the circle, lady has back to center. Now repeat all of the face-to-face and back-to-back steps as above, but in the opposite direction (clockwise).

Repeat dance from beginning.

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