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Kikapuu

(Estonia)

Kikapuu (KEEK-ah-poo) is a couple dance that is known throughout the country. The name has no known meaning. This dance was taught by Juha-Matti ("Jussi") Aronen at the 2003 Stockton Folk Dance Camp. He learned it in the village of Kavandi from villagers who were born about 1910.

CD:

Estonian Dances: Stockton Folk Dance Camp, Band 16.

2/4 meter

Formation:

Circle of cpls facing LOD (CCW) in Varsouvienne pos, M behind and to L of W.

Steps:

Varsouvienne position*, Walk*.

All figures in this dance start on the L ft for both M and W.

*Described in the "General Glossary" of Steps & Styling (rev. 1996), published by the Folk Dance Federation of CA, Inc.

Meas

Pattern

2 meas <u>INTRODUCTION</u> No Action.

I. RUNS WITH HEEL-STEPS

- 1-2 All dance 4 quick steps fwd in LOD.
- 3-4 Touch L heel fwd (ct 1); step on L in place (ct 2). Repeat with R ft.
- 5-8 Repeat meas 1-4.

II. OUT AND IN, WOMEN TURN

- M face twd ctr; W face out. Dance 4 steps away from ptr. On meas 2, ct 2, clap and turn to face ptr. M turn to their L (CCW), and W to their R (CW).
- 3-4 Dance 4 steps back to ptr and join R hands.
- Moving in LOD, M walk 8 steps fwd while W turn 4 times under M's R arm. W turn to R (CW) and dance 2 steps per turn.

Dance repeats from the beginning. To make the dance progressive, M move to W behind them (angle back to R on Fig. II, meas 3-4). Begin progression second time through the dance so original ptrs can dance together at least once.