

KISSUFIM

(Dance of Longing)

Dance:

Line -- Shlomo Bachar

Couple -- Moshe Halevy

Music: -- Traditional

Formation: Circle, facing Center, all join hands.

PART ONE

- 1 Hop on the right foot to the right side.
- 2 Touch with the left heel once next to the right foot while you hop on the left foot to the left side.
- 3-4 Touch with the right heel twice next to left foot.
- 5-8 Facing Clockwise: Sway in place with feet apart: on the right, left, right, left.
- 9-12 Step-bend forward with right, step-bend forward with left.
- 13-16 Four running steps backwards: right, left, right, left.
- 17-32 Repeat 1-16.

PART TWO

- 1-2 Facing Counter Clockwise: walk on right, left.
- 3-4 Facing Center: step on right to the right side, and cross-step with left in back of right.
- 5-8 Moving Counter Clockwise: turn clockwise in 4 counts: right, left, right, and on the last count cross with left over the right foot.
- 9-15 Repeat 1-7.
- 16 On the last count of turn remain with feet apart and step on left heel in place.
- 17-32 Repeat 1-16 in reverse starting on the left foot moving Clockwise.

BACK FROM ISRAEL - Hadarim III, - Side II, band 6.