

Klappdans fra Henning

(Norway)

This is a simple variation of the standard Norwegian klappdans. It is a mixer from northern Trøndelag. Egil Bakka has described it based on a 1968 film. The original description is in Egil Bakka, *Danse, Danse Lett Ut På Foten*, Noregs Boklag, Oslo, 1970.

Pronunciation:

Music: Norwegian Dances, Stockton '95 (special cassette). 2/4 meter
The dance is done to the standard klappdans melody, but each phrase is played only once.

Formation: Couples in a large circle, W on M's R.

Steps: Two-step (R-L-R or L-R-L) (cts 1&2) danced in hamborgar style. This means 3 bounces per meas, one on each step.

Meas

Pattern

- 1-8 Start with L ft and dance 8 two-steps around the circle to the L.
- 9 Walk two steps (L, R), turning to face ptr.
- 10 Clap own hands 3 times.
- 11 Bring arms down and stand still.
- 12 Clap own hands 3 times.
- 13 Clap own R hand against ptr's R hand (ct 1). Clap own hands (ct 2).
- 14 Clap own L hand against ptr's L hand (ct 1). Clap own hands (ct 2).
- 15-16 Take R thumb grip with ptr and, starting with L, dance 2 two-steps half way around CW to change places.
To repeat, rejoin hands in original circle. You have now changed ptrs.

Presented by Alix Cordray