Kleftes

(Epirus, Greece)

Kleftes is a Tsamiko-type dance from the Pogoni region of Epirus in northwestern Greece. It is danced to a slow, well-known song in 6/8 meter followed by a short Pogonisios or Sta Dyo dance in 2/4.

SOURCE:

Dimitris Babaroussis

FORMATION:

Open circle with a "W" hand hold.

METER: 6/8 and 2/4

PATTERN

Meas

1 Step R to R (ct.1); close L to R (ct.&);

Step R to R (ct.2); step L across and in front of R (ct.3);

Step R to R (ct.4);

Dip on R and swing L (leg fairly straight) across and in front of R (ct5); hold (ct.6).

Note: first part of step is like a "chasse".

2 Reverse action of meas.1, to the left.

3 Step R to center (ct.1); lift on R (ct.2);

Step L back (away from center) (ct.3);

Turning to face slightly R of center, step R fwd (ct.4); step L fwd (ct.5);

Touch R behind L or lift R behind R knee (ct.6).

4 Turning to face center, do a quick somewhat stiff-legged "pas de Basque":

Step R to R (ct.1); step L in front of R (ct.&);

Step of R back to place (ct.2); step L to L (ct.3);

Lift R up and in front of L (ct.4);

Quickly swing and tuck R behind L knee (ct.5); hold (ct.6).

Repeat action of meas 1-4 until music changes to 2/4 meter.

POGONISISIOS

- Step R to R (ct 1); step L behind R (ct 2); step R to R and turn to face slightly R of center (ct &).
- 2 Step L fwd across R (ct 1); step R fwd (ct 2); step L fwd (ct &).

Presented by Stephen Kotansky