FORMATION: Couples in large circle, as Sicilian circle or Maltz Country D.)

FORMATION: Couples in large circle, two couples facing each other

Meas. one facing LOD, one RLOD, partners join inside hands.

1-2 All four move forward and back with a three-step each

3-4 pass opposite by R shoulder, quarter turn; cpls. face now in resp. out

of circle - no hand hold, arms are by the side 5-8 as above, inside hands joined with new partner for the fwd and bckwd.

1-8 repetition as 1-8 ending in starting position

9-16 RIGHT AND LEFT HAND CROSS with three-steps (four in each direction)

9-16 repetition In regular dance position Waltz around opposite couple in LOD, couples turning CW, one and one halftimes around each other ending back to back to face a new couple.

START FROM THE BEGINNING