Formation: 1 M between 2 W on line of the circle

1-2 M and R W face each other, join R hands., and swing the R leg alternately to the left and right, touch floor lightly with toes, once on every count, the left leg has a slight springy action.

3-4 hook R elbows (or join hands and put forearms together) and dance with two two-steps (change steps) around, so that he meets his left partner who has not danced as yet/

5-8 He dances with left partner as described in 1-4

L8 repetition as 1-8

9-16 with repetition In open position - both W at his side - walk forward in LOD or use two-steps.