

KOHANOTCHKA

POSITION Couples facing counter clockwise. Lady on right of man inside hands joined - outside hands freely in air.

Measure

- A-1** Starting on outside foot
Balance away from partner - diagonally forward Man LRL Lady R L R
- 2** Starting on inside foot
Balance towards partner - diagonally forward Man R L R Lady L R I
- 3-4** Turn away from partner in four walking steps
Man L R L R Lady R L R L
Meet in original position, holding inside hands on Measure 4
- 5-8** Repeat Measure 1-4
Instead of holding inside hand on Measure 4, take Varsovienne position. (Man in back of lady slightly to the left. Man's left hand holds lady's left hand. Man's right hand holds lady's right hand extended over lady's right shoulder.
- B 9-10** Varsovienne position - both start on left foot
Step same as Rocking Step
Balance forward on left foot
Balance back on right foot
- 11-12** Take two running steps forward (both start on left foot)
Leap run run L R L Leap run run R L R
- 13-16** Repeat Measure 9 - 10 Balance step
Repeat Measure 11 Running step
For Measure 12 Drop hands - face partner - hold
- C 17-20** Face partner in a double circle, man has back to center. All clapping is done in cymbal fashion
Clap own hands twice
Take three Running Steps away from partner (leap run run) A running step is Leap Run Run; this is also called the Running Polka Step
- 21-24** Clap own hands twice
Take three running steps forward; passing each other left shoulders
- 25-28** Clap own hands twice
Take three running steps backward; passing each other left shoulders again. End up in same position as of start of Part C Measure 17
- 29-32** Measure 29 Clap own hands twice
30 HOLD feet apart - arms extended in air
31 Take one running step away from partner
32 Take one running step to meet partner

Start dance from beginning

NOTE: For advanced dancers use Running Step for Measure 1-4 and all through the dance