

KOKETKA POLKA

(RUSSIAN)

POSITION: COUPLE DANCE

VARSOVIENNE POSITION
MAN BEHIND LADY - SLIGHTLY TO LEFT HOLDING HANDS

FIGURE 1 While hopping on left foot, raise right heel to left knee

While hopping on left foot, point right toe to floor

Starting on right foot, take 1 running step, turning right
ending up in opposite direction

Running step - RLR hold Quick-Quick-Slow

FIGURE 2 Still in Varsovienne Position - Man on inside as in Figure 1

Repeat Figure 1

While hopping on right foot, raise left heel to right knee
While hopping on right foot, point left toe to floor

Starting on left foot, take one running step (as in Figure 1)
turning left ending up in original position

FIGURE 3 In Varsovienne position, starting with right foot
Take 3 running steps forward (in line of direction counter clockwise)
RLR LRL RLR

Finish up with three stamps in place LRL hold